



Suds for Buds:
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tasting

B8



Diet myths
& eating
disorders

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THE WASHTENAW VOICE

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WCC embraces outsourcing?

College denies charges by former employees of multiple contractors, mismanagement in Marketing Department

By ADRIAN HEDDEN & BEN SOLIS

Managing Editor & Editor

Despite statements from Washtenaw Community College's Marketing department that its recent multi-media advertising campaigns used only in-house talent, sources close to the college have come forward to refute such claims.

Contrary to previous statements by Vice President of Advancement Wendy Lawson and Executive Director of Marketing Annessa Carlisle, given to reporters and printed in the last issue of *The Voice*, the college's newest billboard and Web campaigns have been 100 percent outsourced, former employees say.

According to former web developer Patrick Springstubbe, College President Rose Bellanca sat down with all of Information Technology and Web Services last year, saying she would not outsource IT, as in past experiences.

But Springstubbe said he and others were doubtful.

"The fact that she had to say, 'I want to put to bed the rumors about me outsourcing or planning on outsourcing IT, or any department,' is a bad sign that she might do it," he said.

Stringstubbe said that the decision to outsource is typical of Carlisle's penchant for seeking unnecessary outside assistance while denying the contributions of her own staff.

"The more she (Carlisle) got established, the more that (outsourcing) happened," he said. "All of that could have been done by me or Jason (Withrow, Internet professional instructor). All Annessa knows how to do is work with vendors. If we didn't like a piece of what we were doing or what they were doing, we'd say so.

"She didn't like that."

Other sources have further refuted that the college's recent billboard and television campaigns weren't successful at all. Another former employee said that fewer than 10 people visited the college's "landing page" over the summer from an advertisement on Ann Arbor Public Schools' website.

Carlisle admitted that few people were visiting the URLs listed on various media campaigns, but she said it was a learning experience for her department and its new staff.

Sources said the poor performance

MARKETING
CONTINUED A3

WCC administration, union battle wages on

WCC presents 100-signature petition to Trustees; retired faculty take action

By BEN SOLIS

Editor

Washtenaw Community College's faculty union fired another volley as the battle with the administration continued Tuesday, when instructors presented a 100-signature petition to the college's Board of Trustees at Tuesday's public meeting.

The petition was drafted and signed by faculty members who could not attend the March 26 meeting,



Jennifer Baker

when 50 WCEA members met to show solidarity in support of former Vice President of Instruction Stuart Blacklaw, who was fired on March 14.

Brought before trustees in the public comments section of the April 23 meeting, chemistry instructor Rosemary Rader said that while "the president has begun responding to a list of faculty expectations regarding communication and collaboration," the union would be remiss to point out that "to date the 'communication' thus far has mostly been a dissemination of information.

"We are not asking the administration to talk 'to' us, but that they talk 'with' us," Rader said. "Simply holding a meeting or sending out an informational email is not our idea of communication."

The meeting Rader referred to was a department chair meeting held earlier this month – a meeting that, according to a source within the

UNION
CONTINUED A6



"When you keep it in the dark, you're keeping yourself in the dark."

– Kira Turner, 21, Canton, Liberal Arts

KELLY BRACHA THE WASHTENAW VOICE

Written in ink: Kira Turner holds up the T-shirt she created for the Clothesline Project inside WCC's Community Room.

Victims hang emotions for all to see in Clothesline Project

By KELLY BRACHA

Staff Writer

Kira Turner learned in the most difficult way what love isn't.

Turner was sexually assaulted by her mother's boyfriend when she was very young. The experience left her at a loss of understanding love – and understanding herself.

"Because I was so young, being an innocent 6-year-old, to be subjected to such graphic things

screws up your whole perception on how you're supposed to be treated," Turner said. "I suffered with self-identity. Who was I in the world? What was my value?"

Nearly a decade later, Turner cried over the incident for the first time.

"You live in constant fear, which I still do, wondering if you're going to see this person again," said Turner, now 21 and a liberal arts student at Washtenaw Community College. "When I really started to express it to people, it came out through my tears."

Individuals like Turner are what prompted The Clothesline Project, a program started more than 10 years ago to address the issue of violence against women by expressing their emotions by decorating a shirt that is then hung to be viewed by others as testimony to the problem.

This year was WCC's first time partaking in the Clothesline Project. More than 20 students showed their

CLOTHESLINE PROJECT
CONTINUED A5

College officials battle elusive class costs, fees

of Trustees annual spring retreat last month.

"Some of the colleges will charge quite a bit in excess of their tuition rate and hide it in the form of fees, and Washtenaw is quite low in that regard," he told the board.

As WCC remains moderate in comparison to other schools as far as extra class fees are concerned, according to the survey of Michigan community colleges presented at the retreat, officials contend that the school has maintained a philosophy of eradicating the extra fees.

"Washtenaw has historically been, our board has been what I call a fee-adverse institution," said Vice President of Student Services Linda Blakey. "They do not like having or adding fees to anything.

"Our board has really tried to keep tuition the lowest possible for students. They are not supportive of

having a lot of fees."

WCC does assess a fee for ceramics classes and a printing fee for photography, Blakey acknowledged. But she looks to vocational and lab-based programs, using heavy amounts of physical materials, as having the most costs associated.

"All that stuff costs," Blakey said of class materials. "But with all the materials that get used, there's no fees attached to those classes here. If you started looking at vocationals, fees will be much more variable."

Blakey asserted that despite lab and material fees assessed at other schools, WCC does not charge extra for material-heavy programs such as chemistry and welding.

"There's a lot of schools where if you're taking any kind of lab class,

CLASS COSTS
CONTINUED A6

New veep of Instruction expected – but in 2014

By ADRIAN HEDDEN

Managing Editor

Washtenaw officials say they hope a nationwide search for a new vice president of Instruction will conclude next year. The college is seeking a successor to Stuart Blacklaw, who was fired last month.

"There's going to be a search next year with the idea that they will have a permanent vice president of Instruction by the fall of 2014," said Bill Abernethy, dean of Humanities and Social Sciences who has been serving the position on an interim basis.

Abernethy was unsure if he will be included in the search. He was unable to make time to sit down with

reporters for any further comments.

But despite the anger and frustration surrounding Blacklaw's termination, the faculty union is hopeful that Abernethy will lead all involved into better communication for a brighter future for Washtenaw Community College.

"Although faculty clearly stated our disapproval of when, how, and why

former VP Dr. Stuart Blacklaw was fired, the appointment of Dr. Bill Abernethy to fill that position as interim, I think, has been well received," said



Bill Abernethy

biology instructor David Wooten. "Dr. Abernethy has been committed to this school for years, has been positive in making change, is competent, and most importantly to us is a 'known variable.'"

Other instructors point to

ABERNETHY
CONTINUED A6

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**WESTERN MICHIGAN
UNIVERSITY**

Adminstrators offer tips to realize scholarship fantasies

By MICHAEL J. HLYWA
Staff Writer

Unicorns, leprechauns, and scholarships: three things most students discount as the stuff of dreams.

Whether it's because they think they're not smart enough, their parents make too much money, or the competition is just too strenuous, even the students who do believe in scholarships often think them too elusive to bother with.

But WCC's director of financial aid, Lori Trapp, encourages students to have faith.

"They exist!" Trapp said. "Watch and look at the website. We do put a lot of time and effort into keeping it as current as we can and as quick as we can. There are a lot of opportunities out there."

Indeed, Washtenaw's website lists seven different scholarship opportunities, two of which are reserved for students with disabilities. The WCC Foundation alone awards more than \$500,000 to more than 1,000 students annually.

So Trapp wants students to watch their email accounts closely for different scholarship eligibility notifications.

"We're going to be sending an email to students who we think will be eligible (based on their GPA at the end of the winter semester). So we'll be sending that email out probably this week or next."

But before filling out scholarship applications, Trapp recommends that students do some prep work.

Start by filling out a FAFSA, she says. A lot of organizations limit their scholarships to those who demonstrate financial need, and completing a FAFSA facilitates that.

Prepare a brief essay. Most opportunities require students to write a statement, usually 250 words in

length, that demonstrates the student's qualification. The point is for applicants to concisely and thoughtfully describe themselves and promote their achievements, particularly their school work and extracurricular activities.

Collect letters of recommendation. Many scholarship applications need at least one – some require two. Students should request current letters from instructors, employers or other community leaders who are willing to vouch for the students' academic performance, community involvement, and leadership qualities.

Secure transcript copies. Some scholarships also demand proof of students' scholastic aptitudes.

Finally, Trapp says, check the deadlines. Some have already expired, while others are still accepting applications – but not for much longer.

Applying for scholarships is a process that Spanish instructor Nancy Ferrario is very familiar with. She helped all three of her children find and earn enough scholarship money to get them through college. Ferrario admits it takes work, but the pay-off can be significant.

"A big piece of it is doing the homework," Ferrario said.

There are tons of scholarships out there, Ferrario explains. You just have to know where to look for them. Some "mom and pop" scholarships, for example, aren't listed online, so you may have to hit the books. Once you start researching, though, you'll discover there are scholarships for just about everyone – even some for seemingly ordinary traits.

Explaining how her daughter was awarded money for writing about her heritage, Ferrario said, "She just had to write an essay about what it's like to be an Italian-American. Come on. How hard is that?"

Another scholarship repository, available to many of Washtenaw's brightest students, comes through Phi

Theta Kappa, the international honors society. Liberal arts student Zaem Zafar, 23, of Canton, is vice president of leadership and scholarships for WCC's chapter of PTK. He explains that PTK's scholarship opportunities are only available to members, but the one-time \$85 membership fee is a bargain based on what you get.

"There's about \$37 million in scholarships just for Phi Theta Kappa members," Zafar explained. "And they range from a whole lot of schools. There's thousands of scholarships out there. And some of them range for just a couple hundred dollars, some range for \$10,000-\$15,000."

And Zafar knows first-hand that being a PTK member opens doors at prominent universities.

"For example, Columbia University came here for the college fair," Zafar said. "The first thing she asked me was, 'Are you a member of Phi Theta Kappa?'"

"I said, 'Yeah, I am.' Then she started telling me about all these different scholarship opportunities just for Phi Theta Kappa members to the school. So there are exclusive scholarships to certain schools reserved just for Phi Theta Kappa members."

PTK members certainly enjoy access to some otherwise unavailable scholarship money. In fact, says Zafar, a local PTK member recently won the Jack Kent Cooke Undergraduate Transfer Scholarship.

According to the foundation's website, jkcf.org, "The Foundation provides up to \$30,000 per year to each of approximately 60 deserving students selected annually, making it the largest private scholarship for two-year and community college transfer students in the country."

So there is clearly free money available to those willing to put in some hard work and perseverance. It seems that finding a scholarship, then, is more about looking online, at school, or in your community and less about looking "somewhere over the rainbow."

MARKETING FROM A1

followed the billboard and movie trailer efforts as well, and added that no official analysis was done for the campaigns.

Stringstubbe explained that the advertisements were in fact being monitored, nullifying the source's claim, but despite the department's best effort, the overall message was not being received.

He also said that assignments given to Web services to create were rushed due to poor management in the Marketing Department.

"When they came up with a 'big idea,' they'd sit on it for weeks, and then out of nowhere ask you to complete the task in two days," he said. "Those particular videos were one-week projects: scriptwriting, casting, scouting, shooting and editing."

"Other schools that I know of who have video campaigns take about month to do everything."

Sources also warned that Carlisle and the newly hired Director of Web Services Bryan Freeman intend to further outsource the departments, despite struggling with past contractors.

Stringstubbe explained that private contractors were subsequently

hired for the movie theater and high school campaigns. He said that company was Sunny Media – a claim that Carlisle denied.

Sunny Media, she said, was only used for smaller text-message campaigns because the school did not have the technology to complete them on its own.

Carlisle did confirm that outside companies were contracted, but only for advertising space. Sunny Media was also brought in to facilitate the brainstorming sessions last year that resulted in WCC's current campaign and tagline.

Another company, Uproar Communications, was contracted, she said, for an audit of the school's website last fall, which sources said returned little new results. The previous audit cost \$30,000, yet marketing could not confirm the cost of the Uproar-assisted audit.

Carlisle said that the budget for WCC's website is an operating cost and doesn't show up in any documentation.

She could not provide an estimate, when asked by reporters.

"Other than salaries, there's no cost for a server," Carlisle said. "I don't know what the cost is to host the website. When I took this job (in July 2012), they said, 'Here's your team,

you get Web Services.' I'm not trying to build an empire."

"And I'm not interested in tearing everything down and having a website that will blow everyone away."

But other sources have explained that very little decision-making, in fact originates from Carlisle's office, and that Wendy Lawson makes more decisions than she acknowledges.

They said that Lawson is a part of most of the college's decision-making, and that even the abrupt firing of Vice President of Instruction Stuart Blacklaw came primarily from Lawson's office.

Lawson's role with the college grew when former Executive Director of Public Relations and Marketing Catherine Smillie left the college last year.

But Stringstubbe still worries whether or not the college's "other president" can be trusted. He left the college last February when, after voicing concerns about marketing's decision making, he found himself transferred to Information Systems.

Carlisle points to Stringstubbe's denied application for director of Web Services – along with unfounded paranoia surrounding the outside contracts – as the reason he left.

Contractor's Web audit reveals problems with WCC website

By ADRIAN HEDDEN
Managing Editor

Web Services contractor Uproar Communications provided Washtenaw Community College with several hypothetical recommendations last year for the school's website. Most comments related to the school's Web content being located on two separate servers.

"A technical analysis shows the site is broken and misfiring, and layered with archaic and undefined databases," Uproar reported. "Content resides on multiple servers, creating

architecture and design inconsistencies which negatively impact the user experience and branding."

"College's goal to migrate content onto one server has not been met due to challenges stemming from staffing and work load issues. Inconsistencies will persist until this goal is achieved."

Uproar recommended that the college switch to a content management system to take some of the burden off of Web Services. According to former WCC web developer Patrick Stringstubbe, the college's website will soon be shifting into the new system, requiring individual departments to

update their own information, rather than working directly with Web Services.

He said the system will be adapted to hide costs.

"The reason they want to go to content management is because it allows collaboration within the departments but hides the real cost of the website," Stringstubbe said.

Executive Director of Marketing Annessa Carlisle said that a content management system was being considered but is not set in stone. That consideration might take place in the next three years.

SNIPS

By MARIA RIGOU
Staff writer

Golf outing for Alzheimer's Association

The Michigan Grate Lakes Chapter of the Alzheimer's Association will hold a golf outing on Monday, July , at the Travis Pointe Country Club in Ann Arbor.

All proceeds raised from this outing will support local programs and services, including the Alzheimer's Association's 24/7 Helpline, community education programs, caregiver support groups, early memory loss programs and care consultations.

Registration includes 18 holes of golf with cart, continental breakfast, lunch and refreshments on the course, buffet dinner, awards, prizes and auctions. For more information contact Lisa Vickers at lvickers@alz.org or go to www.alz.org/mglc.

Annual employee recognition reception

WCC is celebrating years of service by honoring its employees in the annual Employee Recognition reception on Thursday, May 2 in ML 101 from 3:30-5 p.m. There will be a short program and light refreshments will be served.

Among many of the honorees are Mary Faulkner, from the office of the president, for her 30 years of service; Linda Blakey and Arnett Chisholm from student services and Susan Glowski, from Humanities, Social and Behavioral Sciences for their 25 years of service; Bill Abernethy, interim vice president for instruction, and Anne Heise, from Math, Science and Health for their 20 years of service. 15 and ten-year employees will also be recognized.

Michigan "Emerging Artists" in Gallery One

From now until May 24, GalleryOne is featuring the artwork of James Rotz, Marco Terenzi and Kate Silvio. The exhibition illustrates the wide range of materials and interests found in Michigan's emerging artists. It represents a visual record of the variety of influences to be found in Michigan.

GalleryOne is located on the first floor of the SC building. The event is free and open to the public.

A2Y 'Grub Crawl'

The Ann Arbor/Ypsilanti Regional Chamber is will host a grub crawl for the whole family. The event will take place on May 8 from 6-9 p.m. Tickets are \$20 for adults and \$5 for kids, and a trolley is provided along the grub route. Restaurants include Aubree's Pizzeria & Grill, Cafe Ollie, Corner Brewery, Sidetrack Bar & Grill and Ypsilanti Food Cooperative, among others.

For more information and to purchase tickets, visit www.a2ychamber.org.

Summer camps at WCC

Starting in May, WCC will have summer camps on campus for children from grades K-12.

Children can either join the Camp Invention program that immerses them in exciting, hands-on learning, or take classes and workshops in drama, pottery, guitar and more.

Teenagers in grades 9-12 can learn about in-demand career fields and develop the skills needed for academic and career success.

For more information, visit www.wccnet.edu. To register call 734-973-3300 ext. 5060, or email youth.activities@wccnet.edu.

From redacted incident reports provided by Campus Safety an Security, and interviews with Director Jaques Derosiers.

Three phones among multiple thefts

Three cellphones have been reported stolen over a two-week period.

One, on April 16, was reported stolen from TI 214 at 2:47 p.m. and another was reported stolen on April 17 from the first floor of the Bailey Library in the GM building at 6:36 p.m. A third, was reported stolen from the BE building's lobby on April 23 at 2:36 p.m.

Also a textbook was reported stolen from the Bailey Library on the first floor of the GM Building on April 12 at 2:54 p.m. And a laptop computer was reported stolen from OE 131 on April 12 at 11:55 a.m.



ADRIAN HEDDEN THE WASHTENAW VOICE

Winning: Washtenaw Community College students Susannah Spence and Fatouma Abdoulaye were awarded with the prestigious Jack Kent Cooke Scholarship at last week's Board of Trustee's meeting. Both students will receive \$30,000 a year at the college of their choice to help cover tuition, fees and living expenses. These students are the first from Washtenaw to receive the scholarship.

EDITORIAL

Letter to editor spoofs
Bellanca, union tension

Over the past three months, Washtenaw Community College's students have been bombarded with news about the tenuous, strained relationship between the college's unionized faculty members and its administrative team. Vice presidents have been fired and some staffers have jumped ship preempting their own "chilling" dismissals, according to retired faculty member Edith Croake. Riveting speeches have been made to the college's Board of Trustees by various union and community members, and petitions have been filed expressing the concerns of the county regarding the leadership of college President Rose Bellanca. As these events have unfolded, we at *The Washtenaw Voice* have done our absolute best to present our readers with most accurate and balanced information possible. If user and audience feedback can be used as any measure of our success in this arena, the noticeable upswing in Web comments and letters to the editor show us that we have been at least living up to the already high expectations our campus community hold us to.

Receiving this feedback on a regular basis has been a

blessing – it means that all of our hard work is being read, meticulously. And while some commenters can often go too far with their strong opinions, hiding behind the anonymity of alias handles, the letters to the editor have been relatively tame in nature. That is, of course, until we received a peculiar letter from a retired faculty member early last week. Our immediate response to this letter teetered on the edge of fear that someone had taken what we had written about too far. We've printed this letter in its entirety to allow readers to reach their own conclusion. Although we suspect that the author was aiming for bleak satire with the content of this letter, it is a clear case of people in this community losing their minds over what they see as a larger injustice. We ask, as we have before, that the administrators find a way to deal with these issues swiftly, and that the faculty union accept these concessions as they make their own. We have written that more is at risk than the relationship between these two institutions – and apparently, one of these risks may be the continued breakdown of our collective sanity.

Hopes for WCC Police State on the Horizon?

A LETTER TO THE VOICE April, 22, 2013

HAIL COMRADES!

After reading the current issue of VOICE, I was filled with dread. I had to continually remind myself that I was not reading about the Soviet Union and Perestroika or about Red China and Beijing or some South American dictator who has mellowed into idiocy; but rather about an American collage---and an excellent one at that, where **obedience is still alive**.

A college that requires instructors be evaluated by students and Deans, on the one hand, appears on the other, to believe that open and spirited discourse, including disagreement, between any other levels should be handled with a click of one's boots and a **NAZI salute**. **This is an excellent idea**. I must agree---whole heartedly.

I have a confession. If I were the commissar of a school system, I would enjoy WCC's current policy of slavish obedience. Sure, all those 'touchy feely' Management Seminars on education advocate the necessity of 'give and take' but how many of those people have faced down a tank with only a pencil in their hands? **For me, job superiority is the only real consideration**. Think about it. **Kill the competition**. If they twitch, kill them again.

I propose that a re-education program be built in a wire enclosure somewhere in Upper Michigan where dissenters from the true and only dogma are sent to read daily from a **Little Green Book** between sessions for salutes and chopping wood. Some may argue that such an undertaking would waste a ton of money. But would it be any more costly than our current policies? **Never miss a chance to neutralize a fellow worker**. *Joseph Stalin*

Dutifully Yours, Hal Weidner, Faculty Emeritus, WCC

*Extracts from the *Green Book* courtesy of the conservators of Mussolini, Hitler, and Stalin.

A Voice reporter breaks up with his longtime companion, CNN



BEN SOLIS

I've been thinking about us for a long time. CNN, I think we need to take a break. It's not that you haven't been a good news source. In fact, for the decade I've been paying close attention, you have been my rock when I needed fast, accurate information without the reckless spin offered by the likes of MSNBC and Fox News. I relished in the way that you gawked at election


cycles the same way I did. It was as if we were destined to meet each other, like soulmates or star-crossed lovers. I even changed my major for you, wishing to join you as a reporter on all of your adventures around the world, bringing truth to a world in peril. But then you started to change on me. You let Larry King retire, you gave Soledad O'Brien her own morning show, and worse yet, you replaced good old Larry with an English bloke who got fired as the editor of *The Daily Mirror* for publishing fake photos of supposed Iraqi torture victims. I won't even bring up that disappointment known as Erin Burnett, and how infatuated you've become with her. I feel like I don't even know you anymore. Even with all these changes, I could have dealt with you. I could have gotten over all the new faces and the

lackluster investigations into sensational stories, like your constant coverage of that godforsaken cruise ship, that didn't deserve to grace the ticker at the bottom of the screen. But then the massacres started happening, and you got trigger happy. You reported that the brother of the shooter in Newtown, Conn. was to blame for the horrendous crime, setting off a string of panicked texts and Twitter posts from the falsely accused when no one even knew what was going on with those most affected by tragedy – the dead children and their families. This month, when terror gripped the streets of Boston, you let me down for the last time. First, one of your top reporters, John King, who is known for his restraint, mistakenly reported on April 17 that authorities had apprehended the suspects in the case, only to find out minutes later that they had

chased down a bad lead. As the FBI released photos of the two suspects, who turned out to be two brothers from Chechnya, we learned that the suspects were obviously still at large. Reporters scrambled to find any clues about the two, scouring valuable sources for any break in the investigation. Instead of doing due diligence, your producers and anchors fumbled on screen with iPhones and other gadgets searching Twitter and blog feeds, as opposed to doing the kind of thoughtful reporting you were known for. And as MSNBC reported the final chapter in the saga on Friday, telling America accurately that the remaining suspect had been captured alive, you reported their news – nearly 20 minutes later. I fell in love with you for a reason, CNN. You were fair and balanced when others only talked about it, and you

gave a careful eye to every detail. Now, you are a shadow of your former self. A hipper, faster version of the news network I cared for that cares less about me than it does about trying to break news first. "The Daily Show" said you should change your slogan to "the most busted name in news." After 10 long years of dedication and faithfulness, I have to agree with them. And I have to say goodbye.

Love always,



Your favorite disgruntled reporter, besides Jack Cafferty, of course.

THE
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Always Listening

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Voice Box

INTERVIEWS NATALIE WRIGHT STAFF WRITER
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As the Winter semester draws to a close, we ask students: What coping mechanism do you use to ease stress and get through finals?

BRITTANY KELLY
19, Ypsilanti, Physical Therapy




"I listen to a lot of music. I like all different kinds. For studying you just need something that takes you away from reality for a minute. It can make you feel less stressed and like nothing else matters."

JOSH DUBRIDGE
21, Ypsilanti, Pre-Law




"I don't really promote good habits. I just don't stress. I get through it by thinking it will all be over soon. I think I have a very realistic approach."

NAIYSHA MARKS
18, Ypsilanti, Nursing




"I just study as much as I can. I also make sure to eat breakfast every day."

MELISSA KRISNISKI
20, Brighton, Elementary Ed




"I drink a lot of coffee, and I study outside so I don't feel like I have to take a break to go outside."

MACIE TAKESSIAN
19, Manchester, Human Services




"I listen to a lot of music because it stops me from getting stressed out. I listen to anything and everything."

JAMES GOLEN
18, Ann Arbor, Engineering




"I'm a big fitness person, so I like to run and lift weights. It helps me stay centered. I run outside year-round. I don't care if it's zero degrees."

SPENCER JOHNSON
18, Ypsilanti, Engineering



"I just try to hide all of my video games. It worked for me last year."

NATHAN CARRERA
21, Ann Arbor, Elementary Ed



"When I sit down to study, I just don't let myself get up or take any breaks. I sit down with water and a snack and my computer, and don't move until I'm done."

A tale of two kidneys

The gift of life – celebrated through Organ Donor Awareness Month

By CINDY SAMORAY
Voice Correspondent

Rick Coogan was shocked to be in such pain after donating a kidney in 1989, when surgeons made a seven-inch flank incision and carved off a rib in order to remove the organ.

It wasn't nearly as painful for Claus Buchholz, when he donated a kidney just a few months ago, thanks to modern technology.

But there were far more similarities in these medical procedures nearly a quarter-century apart. Both involved a fair amount of anguish during the decision-making process – though both donors acknowledge they cannot imagine reaching a different conclusion because both resulted in successfully extending the quality of life of a loved one.

“I couldn't have said no,” said Coogan, 65, of Dearborn Heights, a retired supervisor at Ford Motor Co. who gave a kidney to his ailing father.

“I volunteered to be tested pretty quick,” Buchholz's, 53, of Lansing, who gave a kidney to his sister. “She was always the generous one, she deserved this.”

While surgical advances have improved the process of organ donation dramatically in the past quarter century, the need for healthy, life-sustaining organs is greater than ever.

While April is recognized around the world as Organ Donor Awareness Month, there were 127,725 people in the United States waiting for a human organ transplant in March, according to the Organ Procurement and Transplantation Network.

Michigan's share of that waitlist is 3,131. Buchholz's recent donation to his sister, reduced that number by one. But Coogan's wife, Connie, 64, a retired State of Michigan supervisor from the Department of Social Services, is still on that list, waiting for a liver. She suffers from scleroderma, a debilitating disease that attacks the organs.

Eighteen people die each day, waiting for a live saving organ transplant, according to Gift of Life Michigan. But one donor's death can save up to eight lives by sharing, heart, lungs, liver, kidneys, pancreas and intestines. Donors can also enhance the lives of others through tissue donation by giving corneas, skin and bone.

“The decision to donate isn't the hard part, it's losing their loved ones,” Mark Gravel said, a registered nurse and director of donation initiative at The University of Michigan Transplant Center.

But as they say in the donor business: “Don't take your organs to heaven. Heaven knows we need them here.” But these life-giving decisions can be brutally difficult.

“Pediatrics [cases] are always the hardest ... the only time it's easier is when they are adults who have given consent,” Gravel said, adding that tragedy and deadly accidents happen

without warning.

“Loss of control at the realization they are going to die is hardest on the families,” Gravel added. “Donation finally gives them the opportunity to make a decision and find something good from something so bad.”

Eighty percent of that waitlist – enough people to fill Michigan Stadium – wait for a kidney.

Fortunately, kidney donation doesn't always involve tragedy and death, as Coogan and Buchholz can attest.

Detailed memories of that spring and summer in 1989, those months prior to surgery are vivid and seem more like yesterday than 24-years ago, Connie said. However, both recall it was an emotional, strained and stressful time in their lives.

Coogan was not close to Tom, his father, which complicated the situation. Nevertheless, he decided to free his father from dialysis.

“I feel pretty good about it, I felt pretty good about it,” Coogan said, about his decision to donate. “I wouldn't do anything different.”

But in 1989, the open-nephrectomy technique used to remove a donor kidney was much more invasive and required a lengthy hospital stay

“They took out a rib. They kind of split me sideways,” Rick said. “I was shocked ... I was in such pain.”

Six-months passed before some sense of physical normalcy returned, though a complete recovery took several years more.

“I was messed up for so long ... for at least two or three years,” he added.

“There would be times I would get (back) spasms that would take me down to my knees.”

That's in stark contrast to the hand-assisted laparoscopic nephrectomy used today.

When Buchholz, an engineer and father of two, donated his kidney to sister, Anette Buchholz, in February, the experience was far less painful.

Anette, 52, a product engineer and part-time actor from Twin Lake, on Michigan's west side, learned of her pending kidney failure 10 years ago.

“At that time, the plan was to wait and watch,” Anette said, noting that in recent years she began “to feel more fatigued, more forgetful and wasn't feeling up to par.”

Two-years ago Anette's doctor referred her for a transplant evaluation.

“It was such a blessing that my brother and many others volunteered to be a donor,” Anette said. Her brother recalled the donor process, including his own anguish about it.

“I spent most of a day getting tests and scans,” Buchholz said. “To be honest, I did have some reservations about donating. There were so many volunteers, but I was the best match.”

Buchholz talked it over again with his wife, Janet.

“He asked what I thought,” Janet said, adding that she told him, “I can't tell you what to do, but if it were my sibling, it's kind of a no-brainer.”

Because Anette still had kidney function at the time she was evaluated, there was no rush to surgery. Eighteen-months passed before Anette's kidneys began to shut down

and dialysis was imminent – but her brother needed to attend to some important things in his life, too.

“I coach my son's high school robotics team, our season ends in February,” Buchholz recalled. “The surgery had to be scheduled around my life ... I needed to be up and running before the team competes in the World Tournament in April.”

As the transplant date approached, Anette was having her own reservations.

“I was grateful, but didn't want him to make this sacrifice for me,” Anette said, “just before surgery I said, ‘you don't have to do this.’”

But he did, and Buchholz gave that ultimate gift to his sister.

Surgeons only need small openings to remove a kidney now – two one-inch and one four-inch incisions is all it takes. Buchholz kept all his ribs and went home the next day.

“That first week, I had to move carefully and was in a little bit of pain,” Claus said, “but I feel pretty normal now.

Just the Coogan family was touched twice by transplant, so has Buchholz family. Janet's mother died 12-years ago and was a tissue donor.

“Because she was an artist, one of the things we really felt good about was giving the gift of sight,” Janet said. “Giving those gifts will keep them alive and not only in our hearts.”

To become a registered donor, visit Gift of Life Michigan's web-site <http://giftoflifemichigan.org> or any Secretary of State office.



Down and dirty: Crop artist Stan Herd plants marigolds and pansies that are part of a 100-by-50-foot artwork at Pendleton's Country market near Lawrence, Kansas.

It's good to get your hands dirty

By M. M. DONALDSON
Voice Correspondent

Ever consider that getting your hands dirty is good not only for you, but your community as well?

Take it from the Botanical Garden of North Carolina, which on its web-site says: “benefits of horticultural therapy include physical activity, relaxation and enjoyment, skill development, creative expression, sensory stimulation, intellectual and personal growth, social interaction, a sense of productivity and self-satisfaction and a spiritual connection with life.”

But you can find out for yourself by volunteering with a variety of local venues – where dirt under the fingernails is a sign of philanthropy – and experience the therapeutic benefits of working with the soil and plants.

Spending time handling a heavy humus soil, tending to a tender tomato transplant, or even enjoying the fragrance of pruning back a Russian sage bush, are simple rewards a volunteer may encounter. Those who volunteer know the intrinsic value of their time given, but others may shy away from volunteering because they do not realize the benefit to themselves.

“Volunteering builds skills and gives a track record to put on resumes,” said Michelle Machiele, a Washtenaw Community College adviser with Career Services.

There are no volunteer requirements for obtaining an associate degree or certificate at WCC, but she suggests students keep their eyes out for volunteer fairs and look at the employment resources page on the college's website.

“There are opportunities to grow as leaders, elected or willingly,” Machiele continued. “Not everyone can be voted club president, but there are opportunities to organize events and take

responsibilities such as organizing volunteers and writing media releases. Employers are looking for passionate people who are responsible.”

Matthaei Botanical Gardens and Nichols Arboretum boast more than 800 acres of nature where volunteers can dig in the dirt. Between 300-400 people volunteer regularly each year at Matthaei, with more than 1,000 others volunteering for special events. Many schools, corporations, and various community and interdepartmental groups donate their time.

Tara Griffith, volunteer coordinator at Matthaei Botanical Gardens who has been employed with there for six years, explains why people choose to volunteer at Matthaei.

“The No. 1 thing I hear is the ongoing learning,” Griffith said. “It's like one big classroom. You don't have to be highly skilled to volunteer. You learn by doing; it's very hands on.”

Volunteers are able to take advantage of the expert knowledge the staff provides. Other perks include seeing what it is like behind the scenes and have access to things regular visitors ordinarily would not see. Those who come regularly have built great friendships with fellow volunteers.

“Service-learning projects for WCC students are a great way to build resumes,” Griffith explains. “It's done in a university setting, it is a huge benefit and accessible to all students in the community.”

The Farm at St. Joseph Mercy Hospital employs Dan Bair as the only paid staff, leaving a lot of responsibilities and weeds for him. Throughout the summer, individuals to community and civic groups call to volunteer their time. There are also student interns participating in the public health department community rotation from the Dietetic Program through the University of Michigan.

Volunteers can work on nutrition education, administration details or special projects. And lots of weeding. Students from Eastern Michigan, Western Michigan and Central Michigan universities have volunteered time, and Bair welcomes WCC students, staff and faculty to volunteer with the Farm, just across the street from the main college campus.

Another community program in the area, Growing Hope, advertises on its volunteer information page opportunities to get dirty or stay clean.

“At Growing Hope, our main focus is to increase healthy food access,” Arika Lycan, outreach manager, said. “For some, that could mean growing their own food in a backyard garden.”

Teaching community members how to garden requires volunteer time and effort for its success. Machiele feels her own volunteer service gives her new perspective and a break from her work at WCC and gives her something to look forward to.

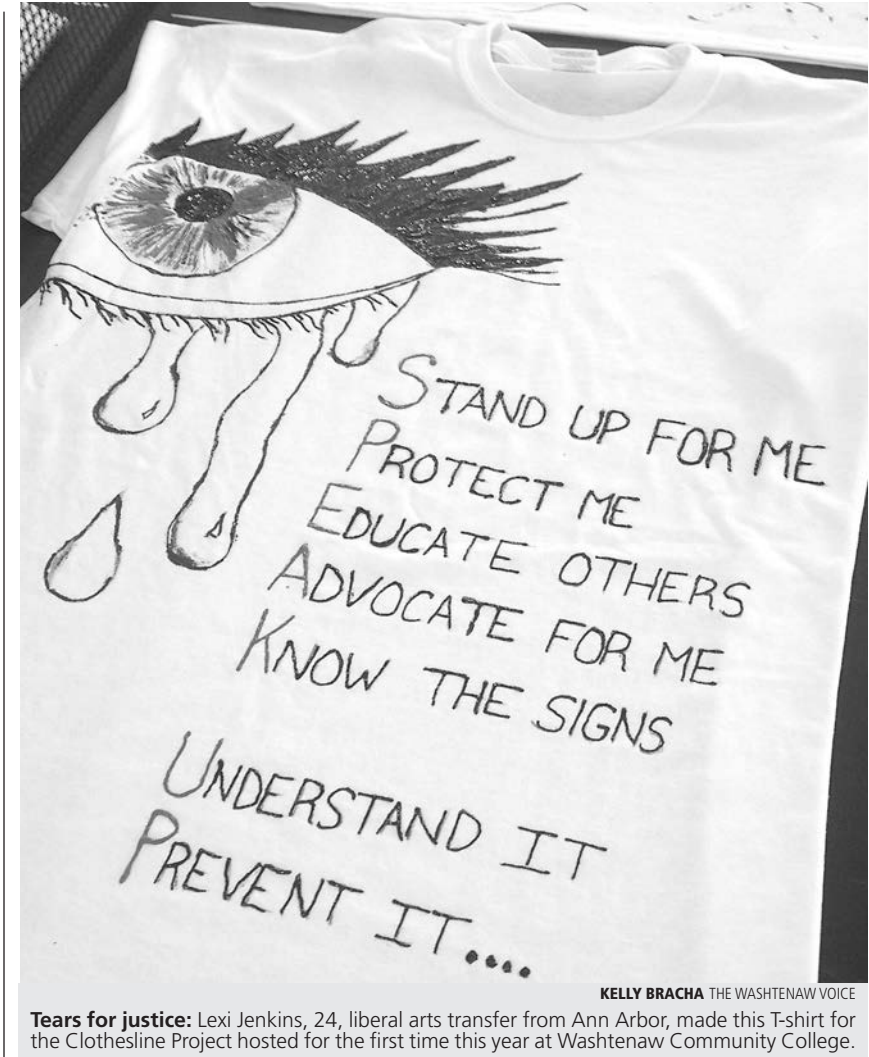
“There's a chance to try out new skills,” Machiele said. “There's less pressure, and it's more supportive.”

The opportunities for networking while volunteering is valuable, despite social media networking spots such as LinkedIn and Facebook, Machiele explains, but it is the face-to-face interactions that are the most effective connections for individuals to get jobs.

GETTING YOUR HANDS DIRTY

For more information on volunteering, volunteer orientations and volunteer applications:

Botanical Gardens, <http://lsa.umich.edu/mbg/>
The Farm at St Joe's, <http://stjoefarm.wordpress.com/>
Growing Hope, <http://growinghope.net/>



Tears for justice: Lexi Jenkins, 24, liberal arts transfer from Ann Arbor, made this T-shirt for the Clothesline Project hosted for the first time this year at Washtenaw Community College.

CLOTHESLINE PROJECT FROM A1

support by decorating T-shirts.

It was an emotional event for everyone involved.

“It can sit in your system so long, it can kill you as a person,” Turner said. “All you have to do is find someone who will listen. It doesn't have to be someone who'll give you a solution, just listen. That's the first step.”

Turner decorated her shirt with her story, told with encouraging words.

“There might be someone walking around here who hasn't said anything yet,” she said. “This could be their sign to speak about it. When you keep it in the dark, you're keeping yourself in the dark.”

Ellison Matthews, sitting beside Turner in the Community Room of the Student Center, also shared his story.

After being sexually assaulted, Matthews was left confused about himself and his sexual identity.

“What I learned to be love was a family member coming over and having me perform sexual acts for them,” he said. “Nobody was around to stop it.”

Matthews believes that he didn't go through the experience for himself, but to help others who have.

“By telling your story, you're able to help someone going through it

deal with it better,” he said. “I feel that sharing it and talking about it helps.”

That's the point of the Clothesline Project, organizers said.

“There are a couple of students who personally experienced sexual assault and are using this as a voice,” said Cheryl Finley, case manager in WCC's Student Resource and Women's Center. “A lot of students came just to be a part of it.”

The Community Room became a closet full of T-shirts with messages of compassion and heartbreaking stories created by students and staff.

“It's really emotional reading the shirts. The project has exceeded my expectations with this being the first time we've had this here at WCC,” Finley said. “If we touch one person, it's worth it. I see us doing this again next year.”

For both Turner and Matthews, the project was an opportunity to share their story in hopes that others affected will begin to seek help and talk about it.

“Saying what happened to us, there might be a student here, or a family member, or a friend of a victim or even someone who has done the assaulting,” Turner said. “They can see this and become more aware that it is a problem and that it is OK to tell somebody.”



Making a difference: Students visited the Capitol this month to lobby for mandatory radiographer licenses.

COURTESY PHOTO MCT CAMPUS

Students play lobbyist role at state captiol

By BEN SOLIS
Editor

Radiography instructor Jim Skufis doesn't consider himself a political person, but earlier this month he and a group of Washtenaw Community College students exerted their power as citizens to lobby Lansing lawmakers for change.

Two weeks ago, Skufis and 11 Washtenaw students joined 300 radiography technicians, patient advocates, healthcare professionals and other radiography majors from Henry Ford Community College at the Capitol to ask legislators to make across-the-board radiography certifications and licenses mandatory for all radiography technicians working in Michigan.

According the Skufis, Michigan is one out of 11 states that does not require radiography technicians to be licensed and certified, meaning that the person shooting potentially harmful waves of radiation into your body could be anyone from a receptionist to a part-time waitress.

"We go to conferences for radiography and other students or instructors are just dumbfounded that we don't have mandatory certification on the state level," he said. "When you visit a hair dresser or the person who fixes your brakes, they have to be certified, but we don't."

In order to combat this, the MICARES bill was drafted this year and would force doctor's offices to hire only certified or college educated radiographers. Although this bill is being passed around in Lansing, few legislators know it even exists, Skufis said.

"The public has no idea that this is going on," he added. "The problem is that anyone with a little training can legally do this. If that person is certified or had the proper education need

to operate the equipment, you could have exams that give you bogus results. If the exam isn't given properly, or wrong, that exam is no longer useful."

The goal for Skufis and his students were to build the awareness needed to get the law passed, which included stopping off at the offices of Michigan representatives, making emotional pleas in the process.

Among the examples used, the dangers involved with untrained workers topped the bill.

Often times, Skufis said, doctor's offices will train their existing staff to do the job of radiographer to save time and money in the process. This, however, can be a dangerous situation.

Aside from botched examinations and the need for duplicate testing, which ultimately raise healthcare costs, the biggest concern from the radiography community is that untrained workers have overexposed patients in the past, Skufis said.

Overexposure to this harmful radiation can cause everything from birth defects to cancer, experts say.

"A lot of patients don't understand the risks associated with overexposure," said Kristy Murphy, a 38-year-old radiography student from Belleville who attend the trip. "The risk is huge if you don't understand the positioning or the anatomy of the human body."

Andrew Miller, 37, another radiography student, said that this wasn't about securing jobs from those less qualified workers – it was about keeping people safe.

"I always stress to my students that they are first advocates for patients," Skufis said. "All of the students were so enthusiastic to do this. Most students are only in a student mode of thinking, while these students asked 'what can be done?'"

"There were excited to make a difference at the state level."

UNION FROM A1

faculty union, college President Rose Bellanca does not typically attend. The source said that Bellanca also attended the meeting unannounced; no one was aware that the president was planning to be there.

According to Jen Baker, president of the WCCEA, Bellanca's presence at the meeting was a hopeful sign, yet the petition drive was still a necessary component in keeping the issues alive

and out in the open.

In a twist, the second public call for action came in the form of a packet of letters not unlike those given to trustees detailing faculty concerns about Bellanca in early February. It was presented to the board by retired



David Wooten

faculty member Edith Croake.

Croake, who began her employment at the college when its doors opened in 1966, said that the packet was a coagulation of collective concerns among WCC's retired faculty, addressing what they saw as a deep disrespect for "the finest faculty."

"We are deeply concerned about the direction in which the college is moving," Croake said, reading from one of the letters. "Never in the history of the college have two vice presidents left within six months of each other... Never in the history of the college have

50 full-time faculty members come to a meeting to ask for your support in opening channels of professional communication."

Croake also addressed the climate of the work environment at Washtenaw as an observer, adding that "the fabric of trust that exists in most productive workplaces has turned to dust."

"Most are distracted, anxious and angry," she said. "Some wonder if they will be the next to experience a well-coordinated, chilling dismissal such as Vice President Blacklaw received."

As Croake gave the board the packet, applause erupted, yet unlike during past speeches made to trustees, board members and Bellanca did not thank or Croake for her input – an action that angered biology instructor David Wooten.

"I think that they had a faculty member, a retired faculty member who has been here since the beginning, express the concerns of other retired faculty, and they didn't thank her afterward?" Wooten asked, incredulously. "It was just unprofessional."

CLASS COSTS FROM A1

there's a lab fee. It might be \$20 or \$30," Blakey said. "All the stuff costs; we don't have any kind of lab fees. For a lot of schools, there's a lot of fees attached to those classes."

According to the survey, the total fees calculated ranks WCC at number 14 of the 28 institutions surveyed and found to have similar enrollment.

The average total tuition rate calculated in the survey for a full-time, 15-credit student at WCC was \$1,590. Despite lower tuition rates at other schools such as Lansing Community College with a rate of just \$81 per credit hour, when added fees are assessed the overall cost can climb to well over \$2,000.

The total cost of attendance at Lansing is \$2,176 for its average full-time student at 20 credit hours, 134 percent of its tuition rate.

Blakey points to some community colleges that charge students tuition by contact hour rather than credit hour, as instructors are paid by contact hour.



Linda Blakey

A class like welding, she said, could pose eight contact hours and just three credit hours.

WCC only charges by credit hour. "A lot of community colleges have transitioned and charged by the contact hour," Blakey said. "That can make sense because faculty are paid by the contact hour."

"But it makes a huge difference for the student."

With tuition at \$89 for in-district students in 2012, added costs brought the average rate per credit hour to \$106, 119.1 percent of the actual tuition rate students at WCC were charged. The rate marked a 3.9 percent increase from 2011.

According to the survey, the total fees calculated puts WCC in the middle as far as cost over tuition among other schools in the area. But despite the college's status, trustees hope that there are costs students pay, in addition to tuition, that can be cut down further to make education more affordable.

"A dollar is a dollar, whether you raise it on a textbook or on tuition," said Trustee Patrick McLean. "I really hope we'll go back and discuss class costs that go beyond tuition. I think there's some real opportunity for savings there, and I think we should take advantage."

ABERNETHY FROM A1

Abernethy's past as a respected English instructor and dean of the department. They hope that his reputation for being fair and direct with his staff will translate into an open and fair administration.



Maryam Barrie

students," said English instructor and vice president to the Washtenaw Community College Education Association Maryam Barrie. "As a dean, I've found him to be reliably fair and supportive to the faculty in his division."

And president of the union Jennifer Baker, who has worked with Abernethy on a number of projects for WCC's curriculum committee, looks forward to working with a VP she can support, allowing time to tell if his appointment was in fact the right decision.

"I've worked with Bill on a number of projects over the years and found him very good to work with," Baker said. "Was it a good choice? We'll see. I think he'll do a good job in his new role. I will support him."

Chief negotiator to WCCEA David Fitzpatrick, a history instructor, is hopeful that recent problems in communication between WCC faculty and administration may be remedied by Abernethy's experience and understanding.

"I think if anyone can facilitate a solution to the problem, he's the one to do it," Fitzpatrick said. "He understands our concerns and hopefully can work with the president. It's not war, it's not combat, it's not battle; we problem-solve, and we hope that can continue."



David Fitzpatrick



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Courtney Keller, WCC '11, SHU '14

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CHARLES MANLEY THE WASHTENAW VOICE

Straight edge: Ann Arbor resident Margaux Forsch, 24, works on the final assignment for her graphic design course.

Students showcase hard work in digital media arts exhibit

By KELLY BRACHA AND CHARLES MANLEY
Staff Writer & Staff Photographer

It is known as both the most exciting and excruciatingly stressful time of the year – the 2013 Digital Media Arts Exhibit – in which many of the projects created throughout the semester by the graphic design, photography, 3D animation and Internet professional students are showcased for the public to see and enjoy.

Kyle Johnson has been working on his photography project for more than a year and spent much of last week mounting his photos for the upcoming exhibit.

“I started taking the photos in September of last year,” said

Johnson, 24, a photography major from Wyandotte. “It’s not as hectic as I thought it would be, but it’s getting to the end, and I’m starting to feel a little stressed.”

Johnson will be presenting his black and white conceptual environmental portraits printed on metallic paper, which give the images a captivating silver metallic sheen.

“I’m more nervous about the critiques,” Johnson said. “I don’t expect it to go great. I’m not an optimist.”

For photography major Rachael Curry, the stress levels are increasing as well. Curry has been working on her dance portraits since January, and still has two photographs she needs to shoot to include in the exhibit.

“I’m really excited to show my work,” said Curry, 20, from Ann Arbor. “I’m going to downtown Ann Arbor this afternoon to shoot studio dance.”

Like Johnson, Curry’s nerves are more focused on the reviews given prior to the exhibit.

“We need to show up at 10 a.m. and get our reviews before the actual exhibit,” Curry said. “I’m just worried about getting everything done in time at this point.”

Kristine Willimann, digital media arts professor, understands all too well the nerves of the students prepping their final portfolios.

“It’s always a really exciting time of year. It’s very rewarding to see the students get to this point,” Willimann said. “It hasn’t been without painful moments, though. The biggest issue is always time management.

“Trying to juggle life, work and school and still coming out with the best possible product is no easy task.”

For those who successfully navigate the rush and lulls, preparation is the common denominator. Photography student Charlotte Manning, 26, of Ann Arbor says the trick is timing.

“It was busier last week, but I’m already a little ahead,” Manningsaid. She was nearly done with a small book she’d

created for a graphic design course. Graphic design student Dan Brown cut a finger while working on his project. Production Center manager Julia Gleich says she calls security now, after seeing how quickly they’ve responded to the two or three cuts that happen each year.

“They handle anything my Band-Aids can’t take care of,” Gleich said.

Students participating in the event are given the opportunity to display their work from their most recent creations to projects they have created years prior.

“Most of them are perfectionists, as they should be in their field, they go and make revisions and then revise those revisions,” Willimann said.

During the last few days of the semester, the Gunder Myran garden-level, home of the photography and graphic design classes, becomes a frenzied and frantic mess of students rushing to complete their projects.

“It’s pretty busy! They’re all

crammed in their like sardines,” Willimann said. “We stay open for extra hours during the week and even the weekend.”

The exhibit also gives a unique opportunity for local employers to see the talent and quality that comes out of the programs offered at WCC.

“It’s a way for area employers to look in a really broad scope at the talent that’s out there,” she said. “Several students are sometimes immediately picked up for work.”

The exhibit is set to take place on May 1 in the Morris Lawrence building from 5-7 p.m. and is open to the public.

“We often get comments from reviewers that also review for other four year schools and they are thoroughly impressed with the quality of the work and ask how we do this at a two year school,” said Willimann. “It’s the quality of instruction we have here and the glorious facilities that are unmatched.

“When you put that in combination, you crank out good stuff.”



CHARLES MANLEY THE WASHTENAW VOICE

Cropped in: Photography student Kyle Johnson of Wyandotte, 24, is assisted by Rachael Curry, 20, in cutting a foamcore board for a large photo print.



CHARLES MANLEY THE WASHTENAW VOICE

A helping hand: Production center manager Julia Gleich works on a queue of prints from graphic design students.

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CHARLES MANLEY THE WASHTENAW VOICE

Gala showcase: A selection of posters for the Digital Media Arts gala adorn the window of the production center in Gunder Myran.

SPOTLIGHT

THE WASHTENAW VOICE • SECTION B • APRIL 29, 2013

Bifano Show pushes the limits of cable access



PRZEMEK OZOG THE WASHTENAW VOICE

On the air: Nicole Antonette (left), 26 of Ann Arbor, Dan Bifano, 36 of Ann Arbor, and Jeremy Liesen, 27 of Ypsilanti, doing a live broadcast on Community Television Network in Ann Arbor.

By PRZEMEK OZOG
Voice Correspondent

In the fashion of Lenny Bruce and George Carlin's "Seven Words You Can't Say On Television," a comedy segment started in 1972, 36-year-old Dan Bifano appears destined to follow in the footsteps of these comedians who push the taboos of what's appropriate for broadcast.

"The Dan Bifano Show," a live 30-minute television show on Community Television Network in Ann Arbor, showcases Bifano's personality and talent. Bifano's long list of experience includes theater when he was in high school in Massachusetts, his home state, to moving to Michigan to study Digital Video Production at Washtenaw Community College. But he continues to create humor that can make someone both smile and frown – sometimes at the same time.

"There is no room for apologies. People want to love the show or hate the show," Bifano, of Ann Arbor, said as he clicked away on a computer mouse preparing his show for broadcast. "There's a magical feeling about

doing something that as soon as you say it, it goes out there and there's no changing it."

"The Bifano Show" also features co-host Nicole Antonette, 26, of Ann Arbor, and Jeremy Liesen, 27, of Ypsilanti, and highlights a sense of humor using most of the "seven dirty words." It also includes discussions between the hosts about a wide range of topics from jail to more adult-oriented material. It also promotes Bifano's films as well the work of his peers in Washtenaw's digital video department.

"I'm comfortable being eccentric and weird and never worrying if my opinion's going to affect somebody," Bifano explained, "because ultimately at the end of the day I've been through so much shit in my life that you got to get over that shit man."

Bifano said his mother committed suicide when he was 14 years old, and he had to take care of his father, who dealt with diabetes, causing him to lose both of his legs and his eyesight.

"If I'm not being honest with the audience, then I'm not being honest with myself. Not lying, always being

truthful about things, that makes a television show," Bifano said in a noticeably raspy voice punctuated by an occasional cackle of laughter.

Mike Koski, 50, of Scio Township, who is the Training and Facility Coordinator at CTN, helps Bifano and others make sure the technical side of their broadcasts don't have too many issues.

"Our channels are unique," Koski said. "You're not going to see Dan Bifano on Channel 7, 4 or 2. So to me, it's the most unique television, it's entertainment."

Bifano allows guests to call in to his show live, and as he explains, not everyone is entertained. He recalled an incident when a guest called in to the show and called it "pure smut."

"CTN is protected by the first amendment, which means you can say anything you want. But in certain time-slots you can't show nudity or the simulation of masturbation. You can talk about sex, you can't show sex," Bifano said.

Liesen, a digital video production major at WCC, does a lot of sounds and audio effects for the show.



PRZEMEK OZOG THE WASHTENAW VOICE

Making the cut: Bifano, prepares for his show on Community Television Network in Ann Arbor.

"Everything on the show, it's real," he explained while setting up his headphones and audio gear. "We'll tell you what you don't want to hear."

The Dan Bifano Show airs Tuesday nights at 8 p.m. on cable access, CTN Channel 17. Bifano has plans on changing the name to, "Damned If I Know Happy Hour" among many other goals for the show. And he appreciates all feedback.

"When you're in TV, you're

approachable. When you're a film star, you're not," he said. "I always want to be approachable. If anyone ever likes what I do or hates what I do and they want to sit there and talk to me or if they want to throw something at me, if they want to do anything to me; as long as they're paying attention, that's all I care about because people's opinions change."

"In 10 years time, they might love me."

Nursing compassion, injecting discipline



Theresa Dubiel

By MICHAEL J. HLYWA
Staff Writer

For quilter, camper, and soon-to-be "gramma" Theresa Dubiel, being a staff nurse has allowed her to witness the births of thousands of children. But nursing isn't all scrubbing hands and checking babies. It's tough work, she says.

"Being a staff nurse is physically exhausting. I knew that I could only work 12 to 16-hour shifts for so long," Dubiel said.

So after 25 years as a staff nurse, Dubiel began searching for what she calls her encore career.

"I just always looked for the teaching opportunities (in nursing)," Dubiel

explained. "So I looked for a nursing education program, and Michigan State started one in 2006. I was in the first graduating class."

Then she started looking for teaching opportunities, and that same year, Dubiel was hired as full-time faculty in the nursing program at WCC.

It wasn't long before students, faculty and administrators alike recognized the value of her combined experience and passion. In fact, for Angel Whitter, a nursing student from Ann Arbor, Dubiel's zeal changed Whitter's attitude about nursing.

"I actually went into mother/baby (Dubiel's class) thinking it wouldn't be for me," Whitter said. "But her enthusiasm for nursing ... it inspired me. I loved it. It was probably my favorite of the courses I've taken so far. It opened up a whole new area of interest for me."

And Whitter's not the only one who appreciates what Dubiel brings to the college. Gloria Eccleston, director of FlexEd and Special E-Learning Projects, praises Dubiel's conviction.

"When you work with faculty who have such passion, it really, really is so energizing. Everything is an opportunity. Everything is like the glass is half full. Everyone loves to work with that kind of person," Eccleston said. "It's so exciting when you get good faculty like Theresa."

But passion is only part of Dubiel's success in teaching. She says that

NURSING INSTRUCTOR
CONTINUED B6

Color me purple



SEAN CARTER PHOTOGRAPHY CURTESY PHOTO

Purple adronment: The interior of The Purple Rose Theatre lives up to its name, being bathed in purple.

Community theater brings big culture to small town

By ERIC GARANT
Voice Correspondent

CHELSEA – This sleepy city of roughly 5,000 just 17 miles west of Ann Arbor is, in fact, a slumbering giant – at least culturally.

Hidden here in the heart of town is The Purple Rose, a not-for-profit professional theatre company founded by Hollywood star and Michigan resident Jeff Daniels.

The theatre takes its name from "The Purple Rose of Cairo," a 1985

Woody Allen film in which Daniels starred. The film considers the idea of art as a blessed distraction: how, for a while, we can lose ourselves (and our troubles) and just become absorbed in a story.

The Purple Rose Theatre not only allows for such absorption, but commands it. Seating 168 in a room that one imagines the fire marshal capped at 169, the Purple Rose puts the viewer almost literally into the fray.

Olan and Linda Barnes are regular patrons of the Purple Rose and live for theatre in general.

"I love it," Linda said in reference to the Purple Rose. "It's so intimate. It feels like you're part of it."

"They do a good job of recruiting.

I remember they had one guy from California that primarily did TV," Olan said.

Matthew Gwynn, a drama teacher at Washtenaw Community College, is one such recruit. He has appeared in several Purple Rose productions, including their most recent, the Daniels-penned "The Meaning of Almost Everything." He has experienced the intimacy of the theatre from the performer's side.

"There's no space to hide," Gwynn said. "You're just out there in the middle of the audience. It allows you to really immerse yourself in the play."

PURPLE ROSE
CONTINUED B6

A penny for your thoughts... in peril?

By CASHMERE MORLEY
Staff Writer



Chris Drew fishes around in his pocket and manages to produce a couple of copper coins, then offers an opinion w o r t h a b o u t t h a t much.

“These are good,” he said looking at a couple of pennies, “for absolutely nothing. Well, I take that back. You could have two pony rides at Meijer’s.”

Drew, 26, a U-M student is undecided in his major, but there’s nothing undecided about his aversion to pennies. He thinks Canada made the right choice in eliminating the coin from circulation and said he “can’t wait until the U.S. gets rid of them,” as well. However, the chances of the United

States following in Canada’s footsteps appear slim, at least at the moment, says Mark Birmingham, 29, an economics instructor on campus.

“Eventually, (getting rid of pennies in the U.S.) is possible. Particularly if we don’t find a way to make a penny that’s less expensive to make,” Birmingham said.

He explained that it costs the United States Mint \$0.0241 to make a penny. If you take the nominal value of a penny, and subtract the cost it takes to make it, you’re losing money in production. That said, Birmingham notes, materials and production techniques to make a penny have changed over time. Perhaps remodeling these factors is the fix the coin needs to “improve the economic viability of (its) production.

“Right now, the U.S. makes money on every quarter and dime,” Birmingham added. “The cost of production is less than the nominal value of the quarter and dime. That could account for the loss made on penny production.”

Ken Lindow, 46, a government instructor at WCC, thinks people are too used to the coin to have it disappear now.

“It’s probably not going anywhere anytime soon, I would say,” said Lindow. “Even though it makes pretty decent economic sense, I think people are just too enamored with the penny.”

Lindow said there’s also inflation to worry about if the coin is taken out of circulation, and the fact that items will have to round up or down to accommodate prices that were once listed at \$.99 mark.

“We lose money making pennies,” he said. “It makes good economic sense (to stop its production). Unfortunately, political sense and good economic sense isn’t always the same thing.”

Although the U.S. penny was made of pure copper in the 1800’s, when it was conceived, the rising cost of copper in the past century caused the U.S. Mint to change up the composition of the coin for cost purposes.

“Interestingly enough,” Lindow said, “if you melt down a penny, you could actually make money on it. It’s made out of copper and zinc, a coat of copper, zinc underneath, I believe.”

The current U.S. penny is only accountable for about 2.5 percent copper, according to USMint.gov.

Canada was losing about \$11

million a year in the production of pennies, but the real reason they were eliminated was because of their meager purchasing power, which wasn’t boding well for retailers and small business owners, according to Economist.com

While President Barack Obama has openly expressed his enthusiasm in ridding the penny from the United States in February during a Google+ Hangout “fireside chat,” when he addressed questions via Web chat, whether he’s willing to act on the issue remains to be seen. Even though there have been talks of nixing the coin in the U.S. following Canada’s decision, the penny might have some staying power.

“Even though people think, ‘hey, we could save money (getting rid of) this,’” Lindow said, “They become used to having the penny.”

For now, it looks like Drew has plenty of Meijer’s pony rides to look forward to in the future.



MCT CURTESY PHOTO

Race Card Project: Six words that can change our world

By KELLY BRACHA
Staff Writer

When challenged to tell a story in just six words, Ernest Hemingway proved it could be done when he wrote, “For sale: baby shoes, never worn,” a now famous tale in the literary world.

Michele Norris, being a storyteller herself, wanted more than to share an anecdote in just six words. Rather, she hoped to spark a massive conversation on a topic that many still have issue discussing openly – race.

Norris, the voice of NPR’s afternoon broadcast “All Things Considered” and longtime journalist began the Race Card Project in 2010.

“The idea was to invite audiences to think about the word race,” Norris said in an address on the project at the Rackham Auditorium at University of Michigan.

“I wanted people to think about their experiences, trials, laments, whatever it is that came to mind when you thought about the word race, then take it and distill it into one sentence that is six words.”

When first starting the project, Norris printed postcards at a local Kinko’s and distributed them in hopes that individuals would send them back. She received 30 percent of the cards back with responses.

“It started to spread, thanks to social media sites like Twitter and



Michele Norris

Reddit,” she said. “Two and half years later we have 30,000 archived responses.”

The Race Card project began spreading and receiving submissions through social media outlets and the projects site, www.theracecardproject.com, giving people a way to participate and share their six words and engage with others miles away in a conversation on race.

U-M teamed up with The Race Card Project for its themed semester on Understanding Race. Students, faculty and alumni were encouraged to join in the conversation on race, ethnicity or identity.

Amy Harris, co-chair of Understanding Race and director of the college’s Museum of Natural History’s traveling exhibit, called “Race: Are we so different?” began planning the semester’s theme more than two years ago.

“I have been involved in coordinating several theme semesters here at U-M, and this has been the biggest one,” Harris said. “We’ve had the most participation this semester. What’s really cool about it are the events people have organized that we don’t even know about.”

Seeing the success of the theme semester, Eastern Michigan University has started thinking about picking up the concept for fall 2014.

“It’s like throwing a pebble into a pond and seeing the ripples,” Harris said.

Somolia Jones, 19, an organization studies major at U-M, became involved in the Race Card Project from an intergroup relations dialogue called common ground. Jones would travel to different places and talk to

individuals about social identities.

“Through common ground I was offered a position at the museum to help facilitate different groups to come to the ‘Race: Are we so different?’ exhibit,” Jones said.

“I became really interested in race, because as an African American, it affects life daily, especially on the U-M campus and being a minority here,” she said. “The theme semester class got me interested in race more and more as well.”

Jones saw that a lot of the postcards coming in kept saying that we’re all one race, but when she goes out in public, she see a completely different story.

“You hear racist slurs being used constantly on campus and around Ann Arbor,” she said. “Yes we do have these great images of race, yes everybody is the same and yes we’re equal, but you never see that played out.”

Jones wishes more people would become aware of other social identities other than their own along with acceptance of other cultures and religions.

This is exactly why Norris began the project.

“I think what’s happened with race is that we’ve absorbed that all conversations about race have to be difficult,” Norris said. “But it can also be profound, productive, and boy can it be interesting.”

For more information on the Race Card Project, visit www.theracecardproject.com To submit your own six words, go to www.theracecardproject.com/send-your-race-card/



KELLY BRACHA WASHTENAW VOICE

Breaking down the race wall: As part of University of Michigan’s theme semester called Understanding Race, The Race Project teamed up with the university and hundreds of students participated in adding cards to the Diag display.

U-M hosts ‘anti-racist’ talk on Boston bombings

By M.M. DONALDSON
Voice Correspondent

A well-behaved audience of about 350 listened to a lecture given by Tim Wise, at the Michigan League Ballroom recently.

Two police officers were in attendance also, monitoring the crowd, which had come to see the controversial author and speaker. No other “Understanding Race” activity in the Ann Arbor area had required a police presence.

The subject: the Boston bombings.

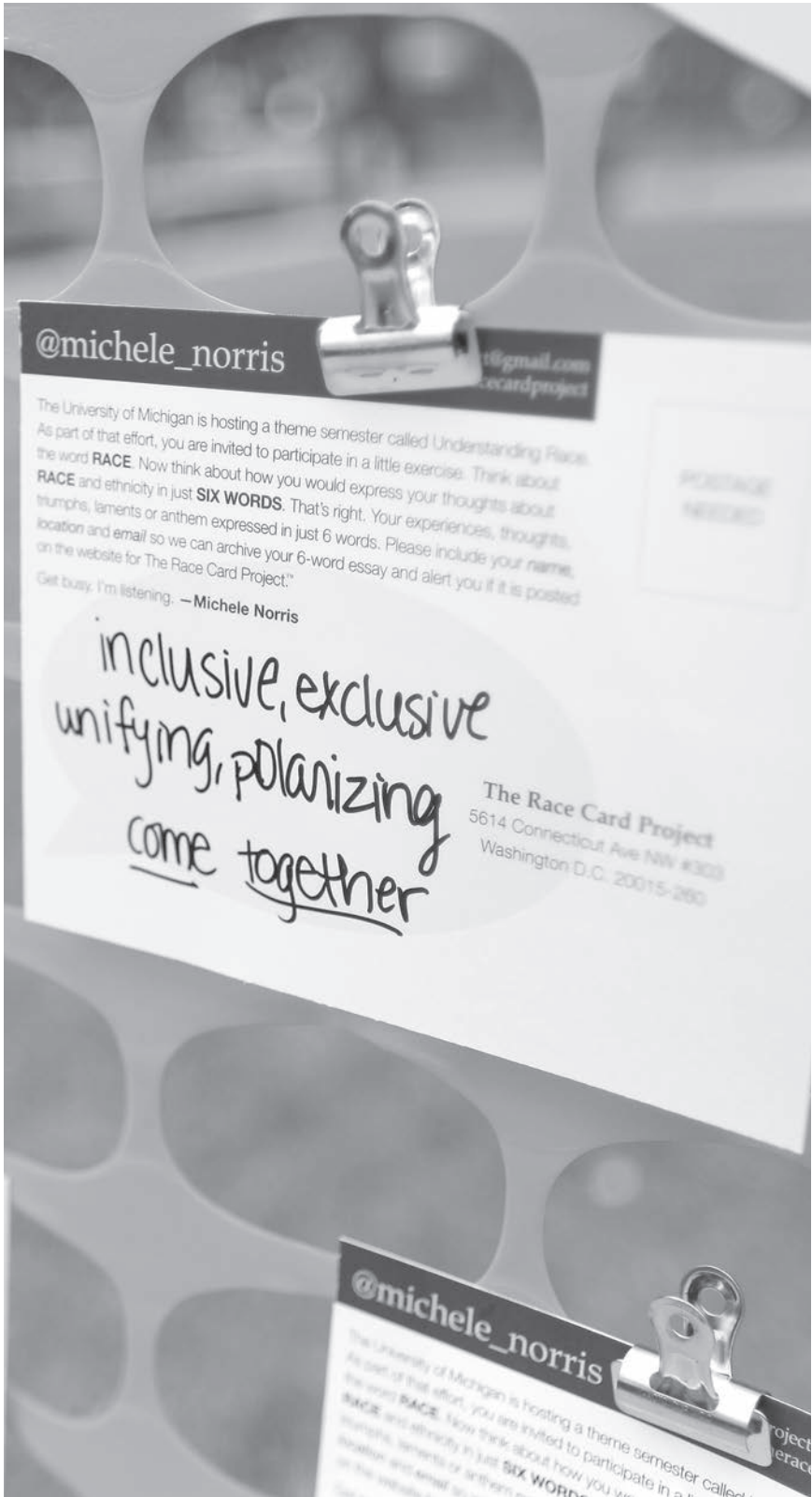
“I hope the bomber isn’t black,” Wise said he had heard several black people say. He also said he heard similar concerns voiced by people of Middle Eastern or Hispanic descent.

Wise opened with the recent Boston bombing as an example of how

white privilege protects the group as a whole. If a white person is found to be the perpetrator, white people will not be represented by the terrible acts of one person, yet if it is a person of color, it will result in profiling, stereotypes and discrimination, to name just a few consequences.

Wise is one of the most prominent anti-racist writers and educators in the United States. He is the author of six books including “Dear White America: Letter to a New Minority” and his highly acclaimed memoir, “White Like Me: Reflections on Race from a Privileged Son.”

He was sponsored by the Interfaith Council for Peace and Justice and the Understanding Race Theme Semester Student Steering Committee as part of the Understanding Race activities in the Ann Arbor area.



KELLY BRACHA WASHTENAW VOICE

Short and powerful: With just six words, students and passer byers write down their thoughts on the subject of race for the Race Card Project.

Convenient and local options for healthy food

By M. M. DONALDSON
Voice Correspondent

While farmers markets are seasonal and stopping at a chain grocery store for something quick is hard to do in a few minutes, they are no longer the only options.

Two unlikely spots in Ypsilanti have been offering fresh produce for those who need convenience. In the lobby of St. Joseph Mercy Hospital, a farmers market is held weekly while down the road on Michigan Avenue, the BP Food Mart gas station offers a variety of fresh produce.

“It’s also encouraging to see healthy food making its way into places traditionally not thought of as fresh produce destinations,” Ypsilanti resident Arika Lycan said. She is also an employee at Growing Hope where the main focus of the non-profit organization is to increase access and affordability of healthy food.

At St. Joe’s, as the locals refer to the hospital complex, the farmers market clientele includes members of the community along with St. Joe’s staff, hospital patients and their visitors. Dan Bair, moniker Farmer Dan on the St. Joseph Mercy Hospital Farm blog, is responsible for the Farm located on the hospital grounds and acts as retailer at the farmers market. Bair

stated several times that he would like to encourage more of the WCC students, faculty and staff to “find” him on Wednesday’s, 11 a.m. to 1 p.m. (he sometimes closes up shop earlier when the regulars have purchased everything he has brought).

St. Joe’s started the Farm with the intention of having fresh produce available at the hospital. Many patients visit the hospital for diet related medical care (complications from heart disease, diabetes, obesity) and are instructed as part of their therapy to make healthy choices for their food. For some, the farmers market is their first experience to eat fresh produce.

Farmer Dan feels the benefit of shopping from him versus the chain supermarkets is not only convenience, but “the produce is organic, incredibly fresh, picked the day of or day before and lasts a long time.” He contends that produce at the grocery store is picked before it is ripe so it can sit for weeks before it is purchased.

He first grew food as an eater, learning the importance of eating organic and making healthy lifestyle choices. With so many different jobs he could have held in the world of horticulture and agriculture, Farmer Dan finds farmers markets fun and takes great satisfaction in talking about the food with his customers.

With more snowy winter weather this year than normal, one would think fresh produce, grown locally, would be hard to find. The winter crop is what Dan gets excited about. It is a treat he looks forward to as the cold feels abusive to most. The low temperatures make the vegetables sweeter than any other time of the year.

Carrots, known for their high natural sugar content, are prime, but also surprisingly are spinach and kale. The cold weather converts the plant starches into sugars. Summer and fall, the farmers market is plentiful with produce grown on the hospital grounds.

Bair manages to have fresh produce almost every week in the winter and early spring. He encourages people to visit the blog before heading out to make sure the farmers market is open.

The way food is grown and the way it is purchased is changing nationwide. The trend of hospital farms providing produce for the hospital and the greater community has been well-documented. Another movement to make healthy food accessible has been promoting healthy corner store initiatives in Detroit, Philadelphia and Seattle, to name a few. Lycan, and several of her colleagues at Growing Hope, would like “more places, like St. Joe’s and

BP, to consider healthy produce as an important part of what they offer to their customers.”

Three miles from the Washtenaw Community College campus, and on the way for many students and staff, is the BP Food Mart gas station at 173 E. Michigan Ave. in Ypsilanti. It boasts yet another convenient location to grab a couple of apples to munch on or pick up a spring salad mix for dinner.

Halad Reda, Karl to his customers, and son of the BP owner, speaks with an uncontrollable smile on his face as he explains how a display of fresh produce is the first thing people see when they walk into the convenience store.

Apples, three for \$1, a pint of blueberries for \$1.99 and a package of mini heirloom tomatoes cost 99 cents while other stores typically sell them for \$3 or more. The biggest surprise is the quality of the produce; it’s in as good a shape or better than the chain grocery stores.

Reda says his customers say his strawberries are better than a popular Michigan chain grocery store.

Apologetic that the selection was a bit small on a mid-March day, Reda stated that ordinarily the 8-foot shelving unit with multiple tiers is full of potatoes, lettuces, melons, onions, bananas and apples. When he is out of bananas, he says customers demand

to know “how am I going to get my potassium today?”

The days in which produce is slim are most likely because Reda continually demands “quality.” That is how he says he selects the produce for his customers. He looks for quality and price, and if the price isn’t going to let him make a profit, sometimes he will buy it regardless.

“My customers are depending on it,” he said

While Lycan is enthusiastic about her work with Growing Hope, she feels strongly about others promoting healthy food choices.

“When we see developments like the St. Joe’s Farmers’ Market and BP selling fresh produce at their store, we can’t help but get excited,” she said. “We know that both of these things will mean increased healthy food access for folks in our community!”

Some great healthy food options

- St. Joseph Mercy Hospital Farmer’s Market, lobby of the main hospital, 5301 McAuley Dr., Ypsilanti, Wednesdays, 11 a.m.-1 p.m.; <http://stjoefarm.wordpress.com/>
- BP Food Mart, 173 E. Michigan Ave., Ypsilanti, 734-484-1894

Grass-fed beef ‘elevates’ new Ann Arbor burger restaurant



Mountains of burgers: Michel Tayter, owner of the Washtenaw Avenue Elevation Burger, stands in front of his future store location in Ann Arbor.

By ERIC WADE
Staff Writer

Elevation Burger, a new designer burger joint opening this summer, figures it’s a perfectly organic fit for Washtenaw Avenue.

The Virginia-based casual restaurant chain, opening its first Michigan location at Chalmers Place Shopping Center, takes pride in using organic ingredients.

Those ingredients are what make this burger unique. The beef used for the burgers comes from a co-op of 30 family farms, and it is 100 percent organic and grass feed, said Mike Tayter, a University of Michigan graduate and owner of the Ann Arbor store.

“Elevation Burger puts in a lot of effort visiting farms, meeting farmers, making sure they’re up to standards and tasting the beef,” Tayter said, adding that few farms meet their expectations, but it’s important to find beef that fits the flavor profile.

And grass-fed cattle certainly win the taste tests.

“Grass gives the beef the flavor,” said Maynard Berry, 69, owner of Berry Farms, a grass-fed cattle farm working toward an organic certification. Cattle

raised in confined feedlots get sick and need antibiotics. Cattle raised in a pasture, living a full life eating grass, tend to be healthier. Cattle that eat grass also provide higher levels of conjugated linoleic acids and omega three – healthy fats. But what matters to Berry the most about grass-fed beef is the taste.

Which Elevation Burger says its customers will notice immediately.

Its menu is simple to keep prices low, Tayter said, and quality of ingredients high. It will include single and double patty burgers, fresh cut fries fried in olive oil, hand dipped shakes and a selection of salads and fresh fruits. Elevation Burger has a build-your-own burger: the “Vertigo Burger,” allowing guests to choose how many patties they want, up to 10, with a bamboo skewer holding it together.

For those who don’t eat meat, Elevation Burger has two different veggie burgers, one of which is 100 percent vegan. Both are cooked separately from the beef, so there is no cross-contamination.

“Our veggie and vegan burgers were not just thrown on the menu,” Tayter said. “We put a lot of thought and effort into them, so they’re really good.”

Elevation Burger offers gluten free

options, with fresh-cut fries and a lettuce wrap burger.

The burgers come plain, with myriad toppings, such as six-month-aged unprocessed cheddar, organic bacon, jalapenos, caramelized onions and sautéed mushrooms.

Sustainable environmental practices are important to Elevation Burger, too. Tayter’s store will feature bamboo floors and pressed sorghum tabletops. In addition, Elevation Burger donates the used olive oil, which is then converted into biodiesel, Tayter said.

Tayter said he discovered Elevation Burger while living in Texas, and loved it. He came to appreciate the dynamic between employees and customers. He sees his store having the same effect.

“(We) will have that personal touch,” Tayter said. “Our employees are happy to be there, they love the food themselves, are proud of what they’re doing. And that comes through.”

Expected to open in July, Elevation Burger is still in pre-construction. The store could add 20 new jobs to the market, and will be the first of three Tayter plans to open in Michigan. One of them, he hopes, will be on or near the University of Michigan’s campus.

Grass fed cattle the secret to a tasty burger

By ERIC WADE
Staff Writer

MASON – Maynard Beery talks to his animals. He names them, he cares for them

And then we eat them.

Beery walks the pastures on his 100-acre farm and points out his favorite, grass-fed cows. He tells stories about how a cow named Boss escaped for weeks, later to return to pasture, never to leave again. He points out Fancy, the cow he declares his favorite. There’s Grandma Shortcake, the matriarch of the herd, and the newborn calf he simply names Baby.

He talks to his animals as if they were his pets.

“Fancy, you bad cow. Sam, you mean cow,” Beery said, when two cattle start to play a little too rough.

But Beery knows what the cows are for. He knows that one day they are going to be slaughtered and served up as very fine meals.

But while they live, he gives them a quality life.

He raises them in pastures. They only graze in the summer, and they

get hay in the winter. He won’t feed them grain or corn because he says cattle aren’t meant to eat it. He provides a barn for the cattle in the winter, although he says they don’t use it. That’s fine with him; barns can be a great place for cattle to congregate – and get sick.

“For the most part, they prefer to live right out here,” Beery said, standing in the middle of a large pasture with 50 of his cows.

Beery credits the cattle living free in a pasture to why he doesn’t have to use antibiotics. Nor does he use hormones because, he says, cattle just aren’t meant to get that big that fast. Cattle and chickens on the farm spread the manure, so he doesn’t need to use fertilizer. And the chickens eat bugs, so there’s no need for pesticides.

Beery knows the grass they eat gives the beef a great flavor, but he thinks there might be something about how the cattle live a better life that might help, too.

Although Beery’s farm is in the process of being organic certified, for now he takes no small solace in knowing that he – and his cattle – enjoy a thoroughly organic lifestyle.



Big cow, small farm: Mother and newborn calf enjoying the spring sun at Beery Farm in Mason.

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www.washtenawvoice.com



At the movies – or not

Are movie theaters going the way of Blockbuster stores?

By CASHMERE MORLEY
Staff Writer

For more than 100 years, people of all ages have purchased tickets to witness a kind of magic sprung out of the 20th century: the movie.

Movies have captured voices and moving characters on film for decades, molded heroes and villains onscreen, and enthralled crowds with romance, comedy, drama and action. However, in the not-so-distant future, people might be trading ticket stubs for DVD rental cases. Movie theatres could be pulling one final magic trick, and this time, it's a disappearing act.

"I don't know... I'm willing to bet there's some truth to that," said John Mack, 33, who lives about 10 minutes away from the theatre in downtown Ann Arbor. "I stopped going to the theatre a long time ago. You can buy a movie and own it forever with the amount of cash it takes to see the thing in a movie theatre."

"That being said, I know a lot of my friends still go sometimes. There's some stuff you have to see on the big screen, especially for the special effects and whatever. I don't know. Personally, I'd rather sit at home and

watch a movie than be surrounded by a million other people I don't know. That's not fun to me. And I can stream everything to my TV 'cause I have Netflix, so it's not a hassle to go out and rent the movie either."

But before you cast away movie theatres to the island of retail fail with the likes of Circuit City and Blockbuster, hear out Carolyn Jambard-Sweet, a film teacher on campus who doesn't believe the theatres are going anywhere.

"I can't foresee the future," Jambard-Sweet, 32, said, "But I really hope that's not true. And I don't think it will be. The movie industry has gone through a number of ebbs and flows over the years. Going to the movies is an American pastime."

There's something about the environment that makes people come back again and again.

"Something about just being at the movies, the smell of the popcorn and this whole idea that you're seeing it on such a big screen," she said. "There's something about going to the movies that's still a lot of fun, some people think of it as an event."

Jambard-Sweet added that there are just some movies she can't wait to see on the big screen.

"There's something about seeing a movie with a community of people, especially scary movies or comedies,

where you're watching other people react, too," she said.

However, she agrees that streaming is the way of the future.

"Netflix is really versatile," she said. "They've changed a lot since they came in the business. Now they've put out their own series – 'House of Cards' – it's really high production value and starring Kevin Spacey. They're really venturing into other outlets to keep themselves afloat. I think Netflix is going to be pretty sustainable."

But what about Redbox, that little on-the-go movie station found in local grocery stores? Jambard-Sweet said she's never used them, but she's heard they're "very convenient."

Kaitlin White, 30, an Ann Arbor native, acknowledged that Redbox has its advantages.

"For a broke girl hoping to go to college again like me? Yeah. I use them a lot," White said. "It's like a buck-twenty-five to see the latest movies that have just come out. You can't beat those prices."

"But I don't think movie theatres themselves are going away for good. That's kinda crazy to think. I mean, things can't last forever but... they're just too popular to shut down for good. And too much (a part of) everyone's lives."

Ypsi's FUN4ALL Comics and Games: 'What's not to love?'



And all 4 fun: 'Fun 4 All' has had many names over the years, but no matter what it has been called in the past, it continues to be the go-to comic shop in Ypsilanti.

By NATHAN CLARK
Photo Editor

Not far from Washtenaw Community College, nestled in the middle of Fountain Plaza on Washtenaw Avenue, sits a shop where anyone can find a lifetime of fun.

"Fun 4 All," a comic book and game shop located next to "Planet Fitness" in the plaza, has been hosting game nights and tournaments with real prizes and selling various sorts of reusable fun, such as comics, trade paperbacks, Japanese mangas, trading card games, collectable miniature games, board games and collectable figures to the Ypsilanti community for more than a quarter century.

The store has moved several times throughout its 26 years, moving into a larger shop every time, but has always stayed in Ypsilanti and has been in its current location for the last 10 years.

"This shop has called Ypsi its home since it open its doors," said shop owner Richard Nelson. "We've been in Ypsi for a long time. We might be moving to a larger location sometime in the future, but we'll still be in Ypsi."

Although Ann Arbor has a handful of popular comic book shops in its downtown area that many Ypsilanti comic book lovers swarm to, the Ann Arbor shops lack the variety "Fun 4 All" offers, sending many of them back to Ypsilanti.

"We get a lot of people looking for stuff that they couldn't find at other stores. I wish they would come here

first," Nelson said. "People should come here to support Ypsilanti businesses above all else. Our selection is second to none. We get new product in everyday."

Despite a sluggish economy, business has been good at the shop, according to Nelson, noting that 2012 was the store's best-ever year.

"I can't really nail down why it was the best, but I think DC comic's launch of the 'New 52,' and the popularity of 'The Walking Dead' on TV probably helped."

The store has a player rewards program that gives players points to consistent "Magic" players who participate in the game tournaments. Twice a year, the shop hosts a tournament for the top 16 players with the most points and gives away more than \$700 worth of product as prizes.

Business aside, the atmosphere within the shop is described as enjoyable with plenty of fun and interesting people to meet.

"I've been coming here for over a decade now," said Cedric Cirunay, avid 'Magic' player and regular at the shop. "I love everything about the shop. I was interested in comics at first, but then I moved on to playing a lot of 'Magic.' I started up the card game nights here. Everyone who comes here has a good time and gets to meet people."

"I have the coolest job ever," said James Conniff, a long-time employee at the shop. "I get to hang out around cool stuff all day and help people find things they will like. What's not to love?"



Endless enjoyment: The shop continues to live up to its name, displaying a wide variety of products that remain fun for years.

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Fighting across the Multiverse, Injustice: Gods Among Us

PARAMOUNT COURTESY PHOTOW

By NATHAN CLARK
Photo Editor

Holy alternate timeline, Batman! The heroes and villains of the DC universe are once again battling on the streets of Metropolis and Gotham, but this time they're fighting their most powerful nemeses: themselves.

In the new fighting game "Injustice: Gods Among Us," created by the makers of "Mortal Kombat," several notable heroes and villains have been pulled into an alternate timeline within the "Multiverse" where Superman has gone mad with power after losing Metropolis to a devastating nuclear

explosion and the love of his life, Lois Lane, to his own raging fists in a blur of deception and confusion initiated by The Joker.

"Injustice" has all the features and play modes a gamer would expect from a fighting game, such as story mode, classic battle, multiplayer and practice, plus a few extra features such as S.T.A.R. Labs, where players have to complete a certain task during a match in order to progress.

The story mode offers an interesting narrative similar to a DC Comics story arc an avid comic book reader would snatch off the shelf. But unfortunately, the fact that it is being told in

a fighting game makes the story feel a little awkward at times.

Gamers have to use whatever character is in play during the story mode, but in any other mode, gamers can choose from a variety of classic DC heroes or villains to fight with, such as Batman, Superman, Nightwing, the Flash, the Joker, Lex Luther or Catwoman.

Skilled players can execute finite combos and attacks to win an online match, but newbies to fighting games can equally "button mash" their way to victory as well – if they choose the right character.

The character graphics are not

as impressive as other games on the market, but then again, the character designs in "Injustice" are based off of comic book characters and not real human beings. With that in mind, the models are spot on when comparing them to the comics – except for Batman, who just looks bad.

The fighting environments are beautiful to look at, but feel painfully one-dimensional despite the intricate animations created for when one player throws another into a different area of the world.

The one truly impressive thing worth seeing in the game is the super-power animations for each character.

Watching Superman punch an enemy into orbit, flying after him and punching him back down to Earth is just plain cool to watch every time.

"Injustice" can offer hours of fun for fans of fighting games; however, for gamers who are fans of DC comics but don't particularly like fighting games, "Injustice" might be one to consider renting before buying.

Grade: B
Rated: T
Platforms: PS3, Xbox, WiiU
Developer: NetherRealm Studios

Tyler, The Creator gets animalistic on 'Wolf'

By BEN SOLIS
Editor

It's been a strange trip for Odd Future co-founder and Californian rapper Tyler, The Creator.

The outcast skater kid with a bent for spitting horror rhymes sold his debut album in 2011, "Goblin," with gusto – despite receiving massive backlash for classically misogynistic and homophobic content, all of which the rapper adamantly denies. He's collaborated on tracks with big names like Game and Wacka Flocka Flame, to name a few, and is dissed on by about as many as he's shared verses with.

He brought up all of his little homies in OF, giving the spotlight to the talents of budding stars like Earl Sweatshirt and Domo Genesis.

Big paydays, followed by worldwide recognition should have made the hardcore rhyme-sayer happy, if not temporarily fulfilled. Maybe a little extra cash in his pocket, a nice house and all the women he'd ever want would push him away from telling it like it is and go for a more subtle, mainstream and less-violent approach.

But that is not the case on his latest venture, "Wolf." All is not well in the mind of The Creator.

In fact, the follow up to boorishly

sadistic "Goblin" shows that Tyler is as sick as he's ever been, jumping back and forth between multiple personalities and twisted fantasies like he was skipping rope with zombie students in a bombed-out schoolyard.

The entire focus on "Wolf" is a presentation of what it is like to be in therapy and not follow any doctor's orders: "Stay away from harmful relationships, don't get involved with people that could push you over the edge and keep a healthy, positive attitude."

On this concept album of sorts, Tyler ignores each suggestion with nightmarish bravado and delusion, weaving schizophrenic tales into the throes of an average breakup, which is then vindicated through insane, gory action.

The characters in his story are clearly outlined and developed, but the coded delivery of their personifications confuses the listener, leaving them wondering if they all aren't just another of Tyler's elaborate and flawed coping mechanisms.

We know there's a girlfriend, "that's Salem," as Tyler tells us in the same breath to "stay the (expletive) away from her." There's his omnipresent therapist, trying to compliment his way to a catharsis, his bike Slater who talks to him and Samuel, who is not to be trusted and is most likely Wolf's – or

Tyler's – other half.

Despite the graphic depictions of violence against women that did him wrong, which bears more of a resemblance to Eminem than the likes of other horror rappers, "Wolf" is a surprisingly sentimental and laid-back album. Tyler doesn't just talk about killing his girlfriend and her new man. He expounds on life as a young famous person, crazy fans, his family troubles and the pride forged from being able to take care of his mom.

The final track, "Lone," is a lament about a family member who passed from a rapidly occurring illness. At its core, "Wolf" is more in line with Andre 3000's "The Love Below" than it is with the raving "Goblin."

And to the rapper's credit, all of the beats except for one track were handcrafted by the artist himself, which pair awkward, jagged beats with mellow jazz chords nestled over top.

Tyler may not be sane, or on any swift road to mental recovery, but if he keeps making albums like this, he'll have more than enough fans buying his albums to pay for his in-patient therapy bills.

Grade: A-
Genre: rap
Label: Odd Future/Sony

'12 Reasons to Die' pushes hip-hop into cinematic oddity

By ADRIAN HEDDEN
Managing Editor

It's obvious when the first bass drum strikes at the opening of Ghostface Killah's "Twelve Reasons to Die," that one of Wu-Tang Clan's most iconic members is hoping, desperate to be reborn.

The Brooklyn-based hip-hop collective has had a penchant since the early 1990s of releasing one charismatic, iconic solo album after another in addition to the group's string of classic full-length releases.

Ghostface's first solo outing came with "Ironman." The album introduced listeners to the rapper's boastfully self-loathing alter-ego modeled after the famous superhero. But along with slicker production and arrangements featuring string and classic soul samples, the record expanded on the Clan's earlier sound and minimalist beats.

Ghostface arrived in 1996 as the most commercially accessible of Wutang Clan, and "12 Reasons to Die" takes full advantage, almost two decades later, of his poetically paranoid lyricism and tendency for bizarre, grandiose concepts.

With soundtrack composer Adrian Younge and a fully-clad live band in tow, the latest album attempts to weave a strangely eclectic narrative around Ghostface's self-serving wit.

Cutting deep into the grit of crime cinema and featuring a modest slice of horror's macabre; the album tells the story of Ghostface, known by the persona Tony Starks, as he tries to climb through the ranks of organized crime, picking fights with the DeLuca family along

the way.

The plot attempts to circumvent Ghostface's ego and obsession with his own successes, but lyrics often revert back to the typically conceited diatribes of cash, drugs and women. The first track "Beware the Stare," is meant to set the scene and develop the protagonists but ends up feeling like any other egotistical, rap rant.

But if listeners can make it past the early egoism, chalking it up to cocky character development, the second half of the record sees the hero, in strong narration and a chorus provided at the tracks' outset by executive producer The RZA, going to war with the Delucas and suffering his strange downfall.

Later tracks such as "Murder Spree" find Ghostface exacting revenge on his hated Delucas. Soon, nearly every track on the second half contains lyrics detailing brutal murders and tasty revenge.

Younge's band provides a spaghetti-western take on the bass-heavy and lyrically dense, but largely hook-oriented hip-hop prose. The live augmentation gives the music a crushing level of cinematic drama unseen in past Wu-Tang efforts.

The cinematic narration was a clear attempt by the aging rapper to redefine his reputation for crafting songs steeped in his own personal struggle.

And Ghosftace Killah almost escaped his demons with the live horns and western-tinged guitar licks brought in by Younge's band as "12 Reasons to Die" should easily define future trends in the genre's musical exploration of American anxiety.

Grade: A
Genre: hip-hop
Label: Soul Temple



PARAMOUNT COURTESY PHOTOW

By KELLY BRACHA
Staff Writer

Star Trek: The Next Generation might have had its final voyage on television in 1994, but the everlasting legacy the show has left behind still echoes with its devoted fans.

Theater 10 at Rave Motion Pictures

in Ann Arbor was packed with Trekkies last Thursday night. This didn't feel like the usual movie-going experience, but rather like being with a group of friends watching your favorite television show at home.

"Seeing the show is nothing new for me," said avid Star Trek fan and 27-year-old Canton resident Robbie Nichols. "Seeing it on the big screen

though, it's pretty cool."

Nichols has been a Trek fan since he can remember.

"It's just nice to go see it in a crowd full of other fans," said Nichols. "People who know how amazing the show is and what it means personally."

The one-time screening was to promote the release of the third season on Blu-ray, which will include 26

re-mastered episodes and special bonus features.

"It's just nostalgic seeing it again," said Nichols. "I'll always come out for a screening."

The show's infamous Borg-heavy episode, "The Best of Both Worlds, Part I," and its conclusion, "The Best of Both Worlds, Part II," were both featured during the special screening in its fully restored and 1080p HD quality. The two episodes were edited together into one feature-length presentation.

In this story, the Enterprise finds itself under the threat of the perplexing Borg, who are determined to enslave Earth and assimilate all human beings and species in the galaxy into the Borg hive-mind.

The Borg manage to capture the

ship's Captain, Jean-Luc Picard, legendarily played by Patrick Stewart, and bring him aboard the iconic Borg cube ship, where he is then assimilated and used as the Borg's emissary to the Federation.

The storyline was one of the series' most memorable moments and held the biggest cliffhanger.

"I remember when this first aired," said Manish Singh, 45, from Ann Arbor. "I also remember having to wait two months to see the conclusion. It was torture."

Singh has been to other special Star Trek screenings in the past.

"I love seeing the episodes on the big screen," he said. "It's a nice thing to take my kid to and show him why I was such a big fan of the show."

PURPLE ROSE FROM B1

Heidi Bennett is the marketing director of the Purple Rose. Her description of the theatre’s goals mirrors Gwynn’s experiences.

“We pay attention to every detail,” Bennett said. “Audience members can forget that they are ‘seeing a play’ and become immersed in the full experience. The high quality of the designers, actors, and stage managers is evident in each show.”

This is what makes the Purple Rose unique: it combines the intimacy of a small theater with the production values of a large one. It also makes helping artists a priority.

“We strive to provide young artists with opportunities to earn membership in the Actors’ Equity Association, as well as hiring as many professional actors and designers per season as is economically feasible,” Bennett said.

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Motherly lectures: Nursing instructor Theresa Dubiel lectures to her class about birth complications in her OBGYN class Apr 22.

NURSING INSTRUCTOR FROM B1

another big part is her personalized approach to students’ educations.

“I would say that my nursing philosophy was patient-centered care, and my teaching philosophy is student-centered learning. I try to be innovative. I try to be current. And I’m tough,” Dubiel admitted.

Whitter agrees with all of that.

“In terms of caring for students, I think she has a great sense of our learning and individualizing that for students. She wasn’t going to let us just slip through the class. She’s going to sit down one-on-one with you and find out the things that help you learn the best,” Whitter explained.

Dubiel certainly tries to make her classes fun while helping students learn, but that’s not to say her classes are easy.

According to Dearborn Heights resident and former WCC nursing student Zainab Jassim, who now works in the ICU at Detroit Receiving Hospital, Dubiel’s class is aggressive.

“I think it was an eight-week class, from what I remember. It’s really fast-paced. It’s a tough topic and she made it a lot more understandable and easy,” Jassim said.

Whitter also found Dubiel’s class to be challenging.

“She does have high standards, and she requires a lot from students. She’s going to challenge you to really think,” Whitter added.

And Dubiel is well aware of her hardcore reputation.

“When the students talk to each other they say, ‘Theresa don’t play!’” Dubiel said laughing.

All joking aside, Dubiel sets the bar high for her students on purpose. She wants to see them develop the discipline they need to complete the program, compete in the job market and excel in their careers. In short, she wants to see them employed.

Another of Dubiel’s students, Anitra Barry, of Ann Arbor, agrees

This sentiment is echoed by Gwynn. “I like the mission that they had. They focus on creating new works and promoting new artists,” Gwynn said. “They’re very dedicated.”

Rosemary Ford and Gabrielle Piazza are two beneficiaries of this spirit. They are members of the theatre’s apprenticeship program. As explained by Piazza, the program allows young artists to work side-by-side with professionals in a paid position, with seven to eight apprentices accepted each year.

And the theatre is similarly kind to young viewers, offering half-off tickets for students. So if you’re looking for something to do one night, take a short ride down I-94 and catch a play. Who knows, you might even see the guy who played Harry in “Dumb and Dumber.”

These complications grow still deeper when Clara begins dating Katherine’s nurse, Mike (Michael Brian Ogden). Their courtship is rapid and provides a bit of comic relief in the midst of all the tension, though it does seem like a bit of a contrivance.

Ah, but enough of the plot. What matters here are the feelings. Clara feels like her mother has never understood her, and now she’s spending her dying days doing research. And Beethoven faces pressure from Diabelli and from his creditors to finish the project already; nobody

with her classmates that Dubiel is demanding. What impresses Barry the most, however, is Dubiel’s respect for diversity.

“She was very respectful of everyone’s culture. She brought that into nursing too, and I liked that about her because all patients are not the same. They come from different ethnic backgrounds, and she taught us to respect everyone’s culture,” Barry said.

Above all else, Dubiel wants her pupils to be prepared for a nursing career. And a big part of that preparation is embracing compassion. She wants students to understand that things can go very wrong, and they should be ready to deal with some extreme emotion when they do.

“I’m very passionate about perinatal loss. I think it’s important to treat patients with dignity. Working in the mother/baby field, people think, ‘Oh it’s so exciting to be there for all these birthday parties.’ But it’s not always happy, and when things go wrong, it’s huge.

“I think that parents appreciate good care, and I try to teach that. I don’t want nursing students to go out and think that everybody lives happily ever after. You have to give them tools to handle these situations. Those moments make a difference in a patient’s life,” she said.

Yet in spite of her occupation’s lows, Dubiel is immensely proud of her long and rewarding career, both in nursing and in education.

“I think it’s exciting. I just think it’s fun. And it’s weird because seven years later, I just love coming here. It’s very, very satisfying to see students grow and see them improve and to see them loving nursing as much as I have,” she concluded.

Indeed, it’s Dubiel’s love for her profession that creates a lasting impression with those around her. And it’s her infusion of compassion and discipline into her teaching that prepares Washtenaw nursing students for a tough but rewarding career.

‘33 Variations’ – where past and present collide onstage

By ERIC GARANT
Voice Correspondent

Genius and obsession often seem to go hand-in-hand, and such is the case in Moises Kaufman’s “33 Variations.”

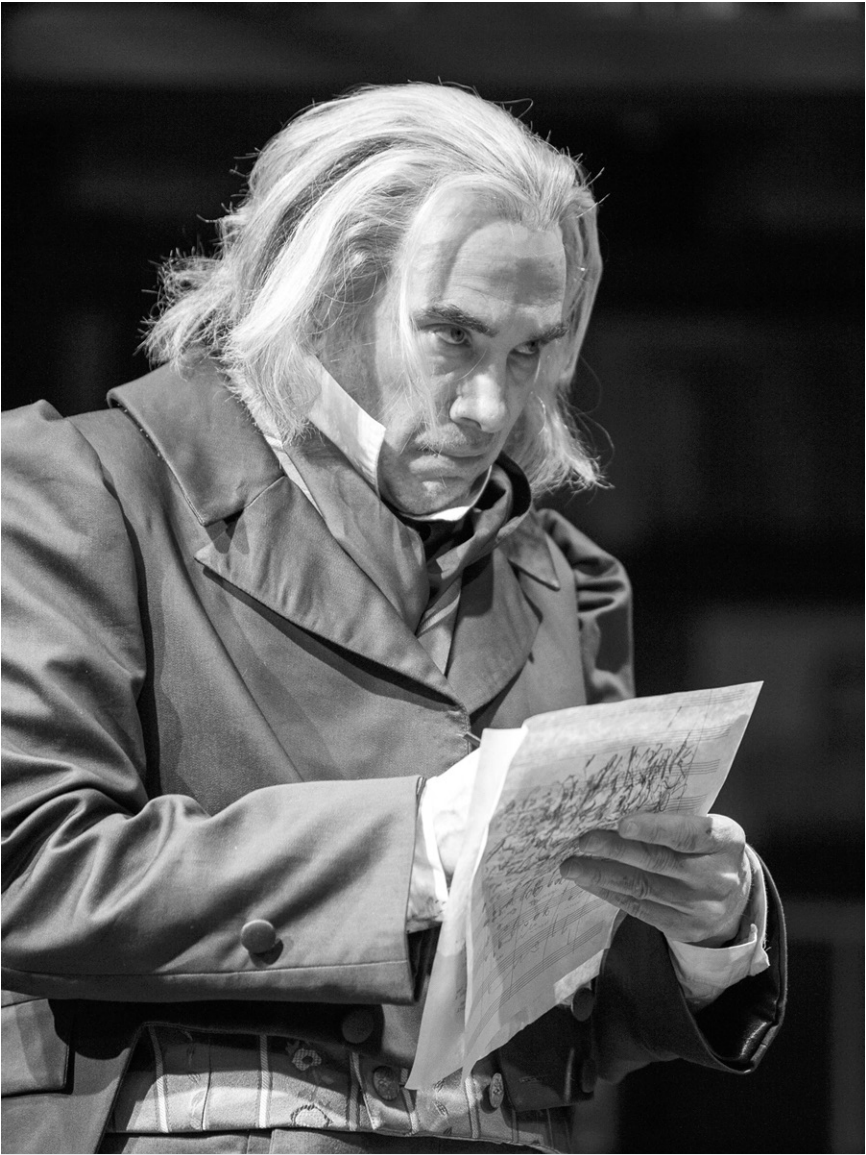
The play tells parallel stories in the past and present: one about the great composer, Ludwig van Beethoven (Richard McWilliams), toiling in his later years to perfect a waltz originally written by a lesser light; and one about a mother toiling in her later years to understand his motivations, and her daughter.

First, the past: the composer Anton Diabelli (Daniel Britt) has written a waltz and sent it to several composers to create variations. Beethoven finds some quality in it that sparks his imagination, and it compels him to create variation after variation (guess how many he finally ends up making), spanning over several years while his health and economic situation deteriorate.

In the present, Katherine Brandt (Michelle Mountain), a musicologist, becomes obsessed with the variations and Beethoven’s reasons for making them. Her dedication to the project, as well as some poor health of her own, deepens the complications in her already tenuous relationship with her daughter, Clara (Lauren Knox).

These complications grow still deeper when Clara begins dating Katherine’s nurse, Mike (Michael Brian Ogden). Their courtship is rapid and provides a bit of comic relief in the midst of all the tension, though it does seem like a bit of a contrivance.

Ah, but enough of the plot. What matters here are the feelings. Clara feels like her mother has never understood her, and now she’s spending her dying days doing research. And Beethoven faces pressure from Diabelli and from his creditors to finish the project already; nobody



SEAN CARTER PHOTOGRAPHY CURTESY PHOTO

Being Beethoven: Richard McWilliams portrays Ludwig van Beethoven in the Purple Rose Theatre’s production of ‘33 Variations’

else can see what he can see in the waltz, hear what he can hear (while ironically going deaf).

The whole cast brings an energy to the play that keeps its momentum going, even during the few scenes that feel unnecessary. Richard McWilliams has a frightening intensity in the role of Beethoven. It’s hard to sell a line like, “I shall take fate by the throat and bend it to my will,” but McWilliams does it.

David Bendena, as Beethoven’s assistant Anton Schindler, is a steady

force who occasionally steals a scene. The interplay between Michelle Mountain and Lauren Knox, as mother and daughter, is affecting and forms the heart of the play.

There are some moments that smack of a sitcom, but they aren’t enough to hold the rest back. This is work of real entertainment, and real depth.

Grade: B
Showing: The Purple Rose Theatre



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is L O N G F E L L O W

One letter stnads for another. In this sample, A is used for the three L's, X for the two O's, etc. Single letter, apostrophes, the length and formation of the words are all hints. Each issue the code letters are different.

C B C E O T X O C R D X -

B I S H N H S M Y E E X D H E N X L L -

H W H J T Y B R H S L C R C

R C D W Y L Y D H L X W N T H A X X J

X L X N T H W R , Y E D S Q J Y E A

T Y R H E H B Y H R , C E J

F H D C B H N T H W C E R X B X L

N T H O X W S J . Y N O C R C I H -

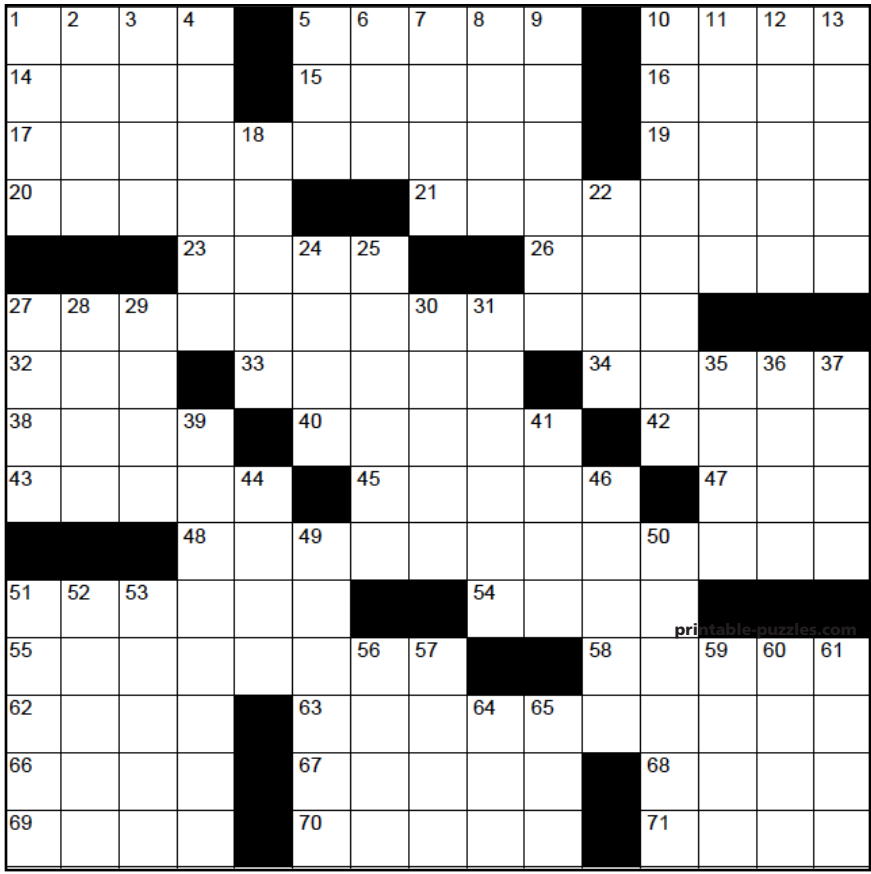
W L H D N C D N .

— Mohandas Karamchand Gandhi

- ACROSS
- Embryo's site
 - ORD, to airlines
 - Chairlift relative
 - Get an ___ effort
 - Barnard attendee
 - Contemporary dramatist David
 - Employment contract figure
 - Milan's Teatro ___ Scala
 - ___ age (long time)
 - Found abominable
 - Waters, informally
 - Bird in a cage
 - Great success
 - Parseghian of football
 - “Oh, give me ____.”
 - Large seaweeds
 - Not wrong: Abbr.
 - Makes secure
 - Honduran seaport
 - Octo plus one
 - Military camp
 - U-Haul rental
 - Mil. registrar's branch office
 - Accurate
 - Scandinavian myth
 - Stretch the truth
 - Ludwig and Jannings
 - Notion, in Nice
 - Fairy tale suitor under a spell
 - Work units.
 - Big match
 - It's nothing to Juan
 - Decision maker
 - Heavy-footed dance
 - Organization: Abbr.

- DOWN
- W.W. II females' service grp.
 - ___ consequence (insignificant)
 - The “M” in MSG
 - Borneo sultanate
 - Barn animal
 - The manner in which
 - “Diary of ___ Housewife,” 1970 film
 - “Seeing red” feeling
 - “Oedipus” composer
 - Line from Lionel
 - Model wood
 - More up to the job
 - Prepared
 - Yoga position
 - London's Hyde, e.g.
 - Cries of loathing
 - Teatime treats
 - Grimace
 - “Dianetics” author ___ Hubbard
 - It comes in balls
 - Japanese port
 - Pope's emissary
 - ___ Strauss jeans
 - Bit of real estate
 - Having one's marbles
 - Antsy
 - Went like the wind
 - Commencing on
 - Church figure
 - Quick smells
 - Mica scale
 - Former pitcher Dave
 - Peruvian Peter
 - Designer Cassini and skater Shliakhov
 - Very dry, as Champagne
 - Not too great
 - Savings plans: Abbr.
 - Some digital readouts, for short
 - Connery or O'Casey
 - Stone with facets
 - Spirit

Crossword



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Abaca



MICHAEL ADSIT THE WASHTENAW VOICE

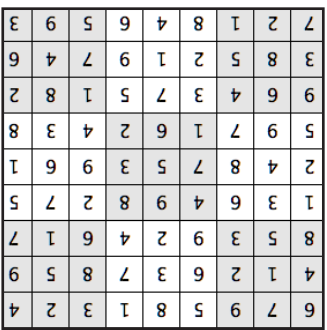
Answers

A man who was completely innocent offered himself as a sacrifice for the good of others, including his enemies, and became the ransom of the world. It was a perfect act.

-Mohandas Karamchand Gahndi



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Are you between the ages of 12-22? Contact the Corner Health Center at 734-484.3600 or visit online at: www.cornerhealth.org

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English Gardens seeks seasonal help. Positions available in Ann Arbor, Metro Detroit and Pontiac. All candidates must possess enthusiasm, initiative, excellent customer service skills and a willingness to learn. Must

have experience in retail. Garden Center knowledge a plus. Must be able to: stand and walk up to 8 hours per day; move and travel to work location; see small print; lift up to 50 pounds; maneuver racks and pallet jack, which can weigh up to 500 pounds; adjust to seasonal temperatures. Applicants must apply at: www.englishgardens.com/our-team

Below is a sample of recent employment want ads that have been posted with WCC's Career Services. Students are invited to read these ads and to contact the employers as indicated, or to stop by Career Services, located in ML 104, to review the complete posting. Or contact: or: 734-677-5155; careers@wccnet.edu; or www.wccnet.edu/employment/

Light Mechanic - Work in golf course maintenance. Responsibilities would include changing oil, sharpening and adjusting reels to mowing equipment, installing rear seats and lights on golf carts and performing miscellaneous minor repairs. Full- or part-time position in Ann Arbor.

Sport camp coach - Instructor/Coach positions at a summer camp. Responsible

for helping to provide safe, fun, appropriately competitive sports programs to children and young adults ages 4-12. We offer more than 10 sports. During the camps or sessions, instructors will implement structured course outlines to help participants learn life lessons through sports. Sports include flag football, soccer, basketball, baseball, lacrosse, skateboarding, tennis, capture the flag, track and field, and more. Part-time position in Ann Arbor.

Teardown Technician - Mechanically inclined technician to tear down cars and construction equipment, photograph parts, enter data into database and perform benchmarking duties. Must have knowledge of motor vehicles and their parts. Full-time internship position in Belleville.

Leasing Professional - Responsible for general office administration tasks, assisting current and prospective residents, and preparing lease documents. This position will require knowledge of our community, direct competitors and the local universities. Must have excellent customer service skills, able to multitask and work in a fast-paced environment. Part-time position in Ann Arbor.

Humane Educator – Local animal shelter is looking for an energetic, organized, self-motivated person to join our small but mighty team this summer to create and implement our youth outreach and education programs — including summer camp, birthday parties and tours. Must have experience in lesson planning and presentation or the equivalent. Bachelor's degree or a minimum of 90 credit hours in education and training in positive behavior strongly preferred. Experience in animal welfare, environmental ethics or similar field ideal. Seasonal position in Ann Arbor

Evening Line Cook - Experienced line cooks and servers needed for restaurant in Saline. Now hiring experienced restaurant/bar employees. Great pay, pleasant co-workers, dining discounts and a great work environment. Full- or part-time position in Saline.

Food Demonstrator - Demo food or product at Kroger's. Be a part of North America's leading sales and marketing agencies specializing in outsourced sales, merchandising, category management and marketing services to manufacturers, suppliers and producers of food products and consumer packaged goods. Fridays,

Saturdays and Sundays, 10 a.m.-4 pm. Part-time position in Ypsilanti.

Sales and Service Technician - Clean window blinds for residential and commercial customers. Assess and repair broken window blinds. New Sales of custom window blinds by Hunter Douglas. Measure and install same. Career Opportunity- will have own schedule and use of company vehicle. Full-time, flexible hours. Ypsilanti based.

Medical Office Receptionist - Greet patients, answer phones, verify medical insurance, and complete insurance referrals. No weekends or holidays. Experience in medical field preferred. Full- or part-time position in Ann Arbor.

IT Help Desk Internship - Local preparatory high school is seeking to fill part-time IT Support Role. The candidate should be motivated by the opportunity to put their educational knowledge to use in a fast-paced professional environment. Primary responsibilities include assisting with technical issues at our Ypsilanti schools and assisting with technology deployment.

Seasonal and Summer Positions - Check with WCC's Career Services to find out about various seasonal positions.

Suds for the buds

The Voice's annual summer beer preview

By **KELLY BRACHA**
Staff Writer

Summer — the time of year every Michigander awaits, and not just because it marks the end of snowy, cold nights. We also love it because of the

array of frosty and delicious seasonal beers that refresh us on those long, hot days.

Since we know you count on us for this annual update on what's being brewed for you this summer, *Washtenaw Voice* staffers took it upon themselves to taste some old seasonal

favorites and to shed some light on each brew's complexities and flavors.

We arduously sampled (drank entirely) generous servings of five Michigan brewed beers to provide some opinions on your potential summer in a bottle.

Photo Editor Nathan Clarke, Design Editor Peter Hochgraf, Videographer James Saoud, and Staff Writer Natalie Wright contributed to this report.

OBERON ALE

BREWED BY BELL'S BREWERY, INC. IN KALAMAZOO

This beer needs no introduction. Oberon has taken the crown year after year with this sought-after summer favorite. "Most flavorful," "the perfect summer beer" and "just the right amount of fruitiness," are just a few of the kind words from judges as they sipped... and sipped... and sipped this American pale wheat ale. Hints of orange and yeast give this beer a crisp and slightly tangy flavor. A summer delight. As one judge put it: "It makes for the perfect BBQ beer," among other things, we're sure.



SMITTEN GOLDEN RYE ALE

BREWED BY BELL'S BREWERY, INC. IN KALAMAZOO

A rye beer through and through, Smitten has a very crisp taste but, "goes down like someone crammed a rye down your throat," said one judge. Bell's describes this beer as having "bitter citrus notes, resinous hop flavors and earthy overtones." Said another judge: "This beer is very hoppy." Judges didn't have many other comments as the beer was generally underwhelming.



WOLVERINE AMBER LAGER

BREWED BY STATE BREWING COMPANY IN ANN ARBOR

This Vienna style lager has a "nice, sweet and caramel-ly smell," said one judge. But its aroma is where the fun ends with this brew. "Flavorless," and "a flat aftertaste" is what judges agreed on the most. "It's good, but missing distinct flavor," one said, "good but not great." Described to have subtle and delicate flavors, this lager left us wanting more from its vibrant amber colored goodness and elegant maltiness.



BOLLYWOOD BLONDE

BREWED BY ARBOR BREWING COMPANY PUB & EATERY IN ANN ARBOR

"Floral," was the first word that came to mind for one judge when taking a first sip. This stereotypical blonde beer has enticing aromas of orange and lemongrass. It tasted very crisp and refreshing, but also not very strong. "The flavor is very weak and it's kind of bland," said another staffer. The beer goes down smoothly and has a hint of fruitiness, but the overall consensus was that the beer was on the plus side of mediocre, at best.



ALL DAY IPA

BREWED BY FOUNDER'S BREWING CO. IN GRAND RAPIDS

The scent of pine needles came wafting through the room as we poured a glass of this session ale. "Smells piney, like a forest... tastes like it, too," said one judge. "It's very light for an IPA. Has a very hoppy flavor," said another. This ale left us scratching our heads regarding its taste. "Keeps your senses sharp with a complex array of malts, grains and hops," as described by Founder's. This beer definitely has personality, but one we found to be not very appealing, like an ex-significant other. As one judge put it: "This is the beer you'd give to the person you hate."



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5/5

4/5

3/5

2/5

1/5

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WEIGHING THE TRUTH

Dieting and nutrition gone awry

THE WASHTENAW VOICE • APRIL 29, 2013 • SECTION C



PHOTO ILLUSTRATION **NATHAN CLARK** THE WASHTENAW VOICE

Feeding on failure

The dangerous industry of dieting

By **NATALIE WRIGHT**
Staff Writer

The diet industry wants you to fail. It masquerades as a savior, emancipating the unhealthy masses from poor nutrition and negative body image. However, the reality is that the industry intentionally misinforms the public for its own profit, experts say. “The diet industry is the most successful failed business in the world,” said Amanda Harris, an outpatient psychotherapist at the Center for Eating Disorders in Ann Arbor. “They create this problem and then position themselves to solve it. They’re benefitting from people’s insecurities, and they’re very successful. The American diet and beauty industries are worth over \$110 billion,” Harris said. Not only is this industry capitalizing on peoples’ insecurities, they are enforcing unhealthy behavior. Thirty-five percent of “normal dieters” progress to pathological dieting. And 20-25 percent of pathological dieters progress to partial or full syndrome eating disorders, according to the International Journal of Eating Disorders. Women ages 25-45 are at the highest risk for disordered eating and clinical eating disorders, according to

Brian Burkett, a member of the clinical staff at the CED. Sixty-seven percent of American women in this age group are trying to lose weight. More than 50 percent of these dieters are already at a normal weight, Burkett said. The National Association of Anorexia Nervosa and Associate Disorders (ANAD) said that 91 percent of women surveyed on a college campus had attempted to control their weight through dieting. Twenty-two percent dieted often or always. Another survey, conducted by the ANAD on a different campus showed that 83 percent of female students dieted for weight loss, and of these dieters, 44 percent were at a normal weight. The obsession with being skinny comes from the fashion industry and is perpetuated by the diet industry, said Brahmlin Sethi, a registered dietician and a nutrition specialist at the CED. Health and weight are not equivalent, they’re not even that closely linked, but that’s what this industry leads people to believe, according to Sethi. “Body and size diversity is just not promoted in our society,” agreed Harris. Studies show the pressure to be skinny also has massive effects on younger girls. Between 40 and 60 percent of girls in high school are on diets at any given time, according to the National Eating

Disorder Association. And in one study, 42 percent of first-to third-grade girls surveyed said they wanted to be thinner, said the NEDA. Dieting is not only ineffective, it is harmful and dangerous. “The majority of common dieting practices are unsafe,” Sethi warned. Of these harmful practices, one of the most common is the restriction of certain food groups, such as fats and carbohydrates. By choosing all non-fat or low-fat foods, for example, dieters impede their bodies from performing necessary functions. Besides being an important source of energy, fats also facilitate brain growth, hormone production, skin health, and the absorption of many fat-soluble vitamins, according to Sethi. Sari Adelson, 28, a resident of Ann Arbor, learned about nutrition during the four months she spent in treatment for anorexia nervosa at the River Center Clinic. “People who understand nutrition know that fat is what makes us feel full. So if you’re constantly eating non-fat foods, you end up eating like three times the amount that you need to, because you never get that feeling of satisfaction,” she said. The diet industry’s existence hinges on its ability to convince the public it holds the key to health and beauty, a key that costs money. “They know exactly what they’re doing. They’re producing a product



COURTESY PHOTO **MCT**

Helpfully unhelpful: Although every packaged food product in the U.S. is required to have a nutrition label, most of the information on the label is lost on the average consumer.

that in a lot of ways is addictive and does much more harm than good. It’s disgusting to me and I’m still wrapped up in that world,” Adelson said. But anyone who is intent on getting healthy doesn’t need to pay for any dieting secrets. A nutritious diet is free, Sethi said. “A healthy diet is all about moderation and variety, there’s no big secret to it,” she said.

According to Sethi, the most important thing for anyone trying to learn about nutrition is to pay attention to the source of information. If it’s coming from a person or company who stands to make a profit, it probably isn’t trustworthy. If you want to be healthy, don’t accept what you see in commercials and magazines as fact. Do your research.

The long road to recovery

A woman’s journey to stop defining herself as an “anorexic”

By **NATALIE WRIGHT**
Staff Writer

Statistics say that 28-year-old Sari Adelson is lucky to be alive. She has been struggling with anorexia nervosa for almost 15 years. According to the National Association of Anorexia Nervosa and Associated Disorders (ANAD), five percent of people who have been

dealing with the disorder for more than 10 years die from it. Eating disorders are the most deadly mental illness, says the ANAD. Though exact numbers are hard to pin down, a study by the American Journal of Psychiatry estimated that 13 percent of those who deal with an eating disorder will die from related causes. Adelson began engaging in anorexic behavior when she was 14 years old. “It started out as a numbers game... I am incredibly obsessive-compulsive,” she said, “I had spent my life up until that point weighing less than triple digits, and when I crossed over that

mark, the world collapsed and caved in on itself.” She wasn’t going to stand for it. There had to be a way to keep the numbers in the right place. But eventually it was clear that the numbers weren’t going to stay where she wanted them, so she began measuring success differently. It became more about body type, body shape and size. “I was always the really skinny one, or the gangly awkward one,” she said, “That’s how everyone related to me. That became how I understood that people understood me.”

In the later years of high school and in college, the disorder began serving other purposes. “It became about emotional control and emotional numbness and protection... and over those years I also became a very angry person. The more numb I felt, the more angry I became,” she reflected. As she became numb, she convinced herself that the disorder was the one thing she could hold onto. “I slowly began having this attitude that it wasn’t going to hurt me, it wasn’t going to kill me, that was absolutely impossible,” she said, “No one

was ever going to find out. And as long as nobody ever found out, then I could keep going for the rest of my life.” It was during this time that the disorder started to manifest itself in serious medical issues. In the beginning of 2008, Adelson used a cane to walk because she was so weak. In some ways she met the criteria for multiple sclerosis. She began to have all sorts of gastrointestinal issues. And neurological problems started appearing that doctors couldn’t explain.



CHARLES MANLEY THE WASHTENAW VOICE

A personal reflection: Sari Adelson looks back at her years of suffering through anorexia, remembering how she was and who she really is now.

RECOVERY FROM C1

In the summer of 2010, a close friend confronted Adelson.

“People have been asking questions,” she said.

And finally, Adelson shared the secret that she had been keeping for 10 years.

Her friend immediately convinced her that she needed to tell her parents.

They didn’t understand how serious it was at first, but once she explained that it was a real threat to her health, they pushed her to enter treatment.

But, at the time, Adelson admits that she was so starved that she had become delusional. Even though she had opened up about her problem, and understood the dangers, she did not want to enter a treatment facility.

Her therapist told her that if she did not choose to seek help on her own, her parents could take her to court and attain legal guardianship over her. This would make them responsible for all of their daughter’s medical decisions.

So, the 26-year-old had a decision to make. Either enter treatment, where she would be forced to give up all control, or be forced to give up all control and then enter treatment.

“Admittedly, I didn’t go because I wanted to. At that point, I didn’t care. But I sure as hell was not going to let my parents take over my life and my decisions,” she said.

In December 2010, she entered the River Center Clinic in Sylvania, Ohio. She spent three months there being watched and weighed and healed.

For the first two weeks, she wasn’t allowed any visitors and she wasn’t allowed to leave the property. Her personal belongings, including her cell phone and money, were taken. Her

room was searched often and she was under a strict schedule.

Every time she went to the bathroom she had to be monitored.

“When I first got there, I was really angry. I thought, ‘I don’t have the problem (the bulimic patients) have. It’s not my fault they can’t go to the bathroom and not get rid of the meal they just ate. I don’t want to be watched every time I pee because they can’t control themselves,’” she said.

But even though the patients at the clinic were dealing with different disorders, the same rules applied for everyone. The anorexics weren’t allowed to eat anything they wanted, because the binge eaters would have loved to have that experience, she explained.

In order to make group therapy successful, everyone had to follow the same strict rules and diet.

Group therapy is crucial to recovery. Eating disorders are a very isolating illness, and forming bonds with others in recovery is a necessary step to letting patients know they are not alone, according to the Rader Programs, a partner of ANAD.

“It took me a long time to learn in treatment that there was a common link amongst all of us, even though our disorders manifest in different ways,” Adelson said.

For the three months she was in treatment, most days were the same. She was weighed around 11 a.m. Ate lunch. Weighed again. Group therapy. Snack. Group therapy. Snack. Weighed again. Group therapy. Dinner.

Before she entered the clinic, Adelson was on a mostly liquid diet that consisted of less than 1,000 calories a day. As she went through re-feeding, she built up to around 4,000 calories a day.

“I had to learn what it was like to be so full that I couldn’t sit, or move, or bend over because of the fullness. I

had to go through a period where there were nights when I physically could not take another bite of food,” she said.

After three months in treatment, Adelson was released from the clinic. She went through a transitional period going home for a couple days at a time and then returning for group therapy. She was set up with a team of professionals who helped her re-acclimate to life outside of the clinic.

Adelson was encouraged to continue strict meal planning, but she was unable to stick to the plans.

After six months, she returned to the clinic.

She spent another month in treatment, and was released again.

Now, Adelson has been out of treatment for over a year, but she still does not consider herself “recovered.”

“I have yet to have an epiphany moment,” she said.

Although she now has more perspective and can acknowledge that the logic behind her disorder is “twisted,” she still feels that it has a hold on her.

“I still don’t see it as a destructive force,” she said.

“For me, being anorexic is about achievement and superiority and feeling special. Every time I can go another hour or lose another pound, it goes on this massive chart in my head with a gold star,” she said, “and that is part of where the addiction really lies. It’s a high and nothing else really comes close. So figuring how to get rid of that or why someone would get rid of that is very confusing.”

But she wants to get better. She is working to get better.

“Recovery is not linear. You take one step forward and maybe two steps back... It’s about continuously getting up and starting over. It’s a really exhausting process,” she said, “I imagined that at this point out of treatment, we’d be done, over, it’d be behind me. But that’s not how it works at all.”

Adelson has a treatment team: a dietician, a therapist, and a psychiatrist, that she sees regularly.

Her friends and family also help her stay on track.

“There are no secrets anymore. There can’t be any secrets, which is a really good thing because I have peo-

nudge. But if you’re having to hound someone constantly, they’re not at a point where they’re getting better anyway,” he said. “I don’t think she expects me to do that and I don’t expect to have to do that because she’s a grown woman.”

Adelson said her job is a great source of motivation.

She works with the University of Michigan’s Prison Creative Arts Project as a curator and exhibit coordinator. In addition to dealing with the logistics of the project’s exhibits, she spends two hours every Sunday at the women’s prison in Ypsilanti running a visual art workshop.

She can relate to the women she meets in the prison, she said, and it helps her to keep her perspective.

“I am very much comforted by and can relate to people in situa-

tions of oppression, significant suffering, and struggle,” she said, “I’m always reminded of what it really means to be human, and to understand the spirit that lives in each of us when I see these people with a smile on their face and hear them say that they’re doing OK when they’re serving life sentences.

“It’s a lot everyday to wake up and say, ‘I’m lucky that I was given another day,’ but at the same time to say, ‘I don’t know if I want the life this leads to,’” she said. “On my worst days, in this process, I would rather be alone with the disorder and risk losing everything, than go out into the world.”

But she forces herself to have hope, she said.

“At the end of it, I’d rather be up everyday thinking about whether this is something I want than be dead.”

“...And as long as nobody ever found out, then I could keep going for the rest of my life.”

ple that hold me accountable,” she said.

Charles Manley, 30, a photography student at Washtenaw Community College, met Adelson about a month after she got out of treatment. They started dating almost immediately and now live together in Ann Arbor.

While most people might see a disorder like this as an obstacle to beginning a relationship, it didn’t really faze him, he said.

“People say that you take on all of the problems of the person that you’re with. But to me, it’s not really an issue, it’s just part of who she is,” he said. “If it wasn’t this, it would be something else. I just see it as typical of any relationship.”

Manley said that he tries not to be too involved in her recovery process. “To an extent, I can be the gentle

Should BMI measurement be banished?

Critics see it as out-of-date, ineffective and potentially harmful

By NATALIE WRIGHT
Staff Writer

The Center for Disease Control recommends Body Mass Index as a “screening tool to identify possible weight problems,” but it was not invented for this purpose.

In the early 19th Century, a Belgian statistician and sociologist developed BMI for use in social physics. He was not a medical doctor, and he never intended his invention to be used as a health indicator.

Yet today, BMI is a standard measure used by physicians and public schools.

The CDC and the American Academy of Pediatrics recommend the use of BMI to screen for overweight and obesity in children beginning at 2 years old. The CDC even has a “Children’s BMI Tool for Schools” available for download on its website. BMI is calculated for adults

using weight and height. For children, age and sex are also taken into consideration.

After a child’s BMI is calculated, it is plotted on a chart to obtain a percentile ranking. This percentile indicates the child’s relative “weight status” among other children of the same sex and age. They are then placed in one of four categories: underweight, healthy weight, overweight or obese.

According to Brahmlin Sethi, a registered dietician and a nutrition specialist at the Center for Eating Disorders in Ann Arbor, BMI is not an effective health predictor.

“You cannot look at someone’s weight and know if that person is healthy or unhealthy,” she said, “According to BMI, most elite athletes would be labeled ‘obese.’”

And telling children that they are “overweight” or “obese” can lead them into dangerous weight-loss behaviors, she warned.

“BMI is extremely overused and misused by physicians and school. I wish they would throw it out,” she said.

While campaigns like Michelle Obama’s Let’s Move! Initiative have

raised public concerns about the rising rates of obesity in children, eating disorders are also on the rise, and getting far less attention.

Anorexia is now the third-most chronic illness among adolescents, according to the National Association of Anorexia Nervosa and Associated Disorders. It estimates that 11 percent of high school students have been diagnosed with an eating disorder, and acknowledges that many more cases go undiagnosed.

But this has not led medical professionals to institute new ways to relate to children’s weight issues. BMI, and its accompanying terms, “overweight” and “obese” are still being used to train doctors, nurses and teachers.

“I’ve heard BMI isn’t very accurate, but we are still taught to use it. I don’t know why they haven’t gotten rid of it,” said Devin Disher, 26, a Washtenaw Community College nursing student from Ann Arbor.

The CDC even acknowledges that it is not an efficient indicator, but still recommends it as the best way to measure body fat because it is inexpensive.

According to Sethi, even if BMI is



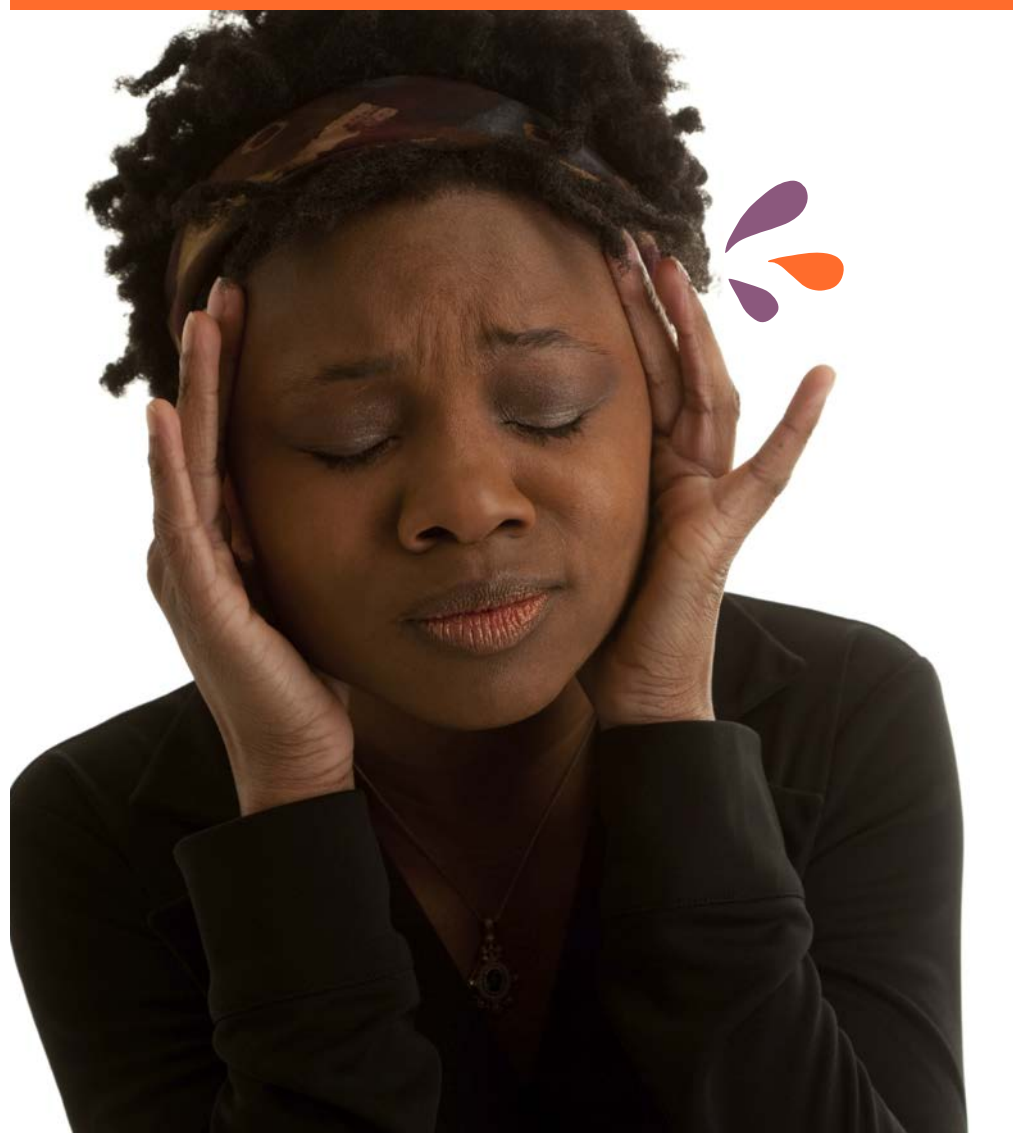
COURTESY PHOTO MCT

A sign of the times: School children in the U.S. are routinely weighed, measured and told their Body Mass Index with little to no understanding as to what it really means.

a good way to raise flags that a child’s weight could be a health risk, there is no reason for physicians and schools to place children in these weight categories.

The medical field needs to take into account how these terms are affecting children and teens, she said, adding that this terminology is detrimental to their mental and physical health.

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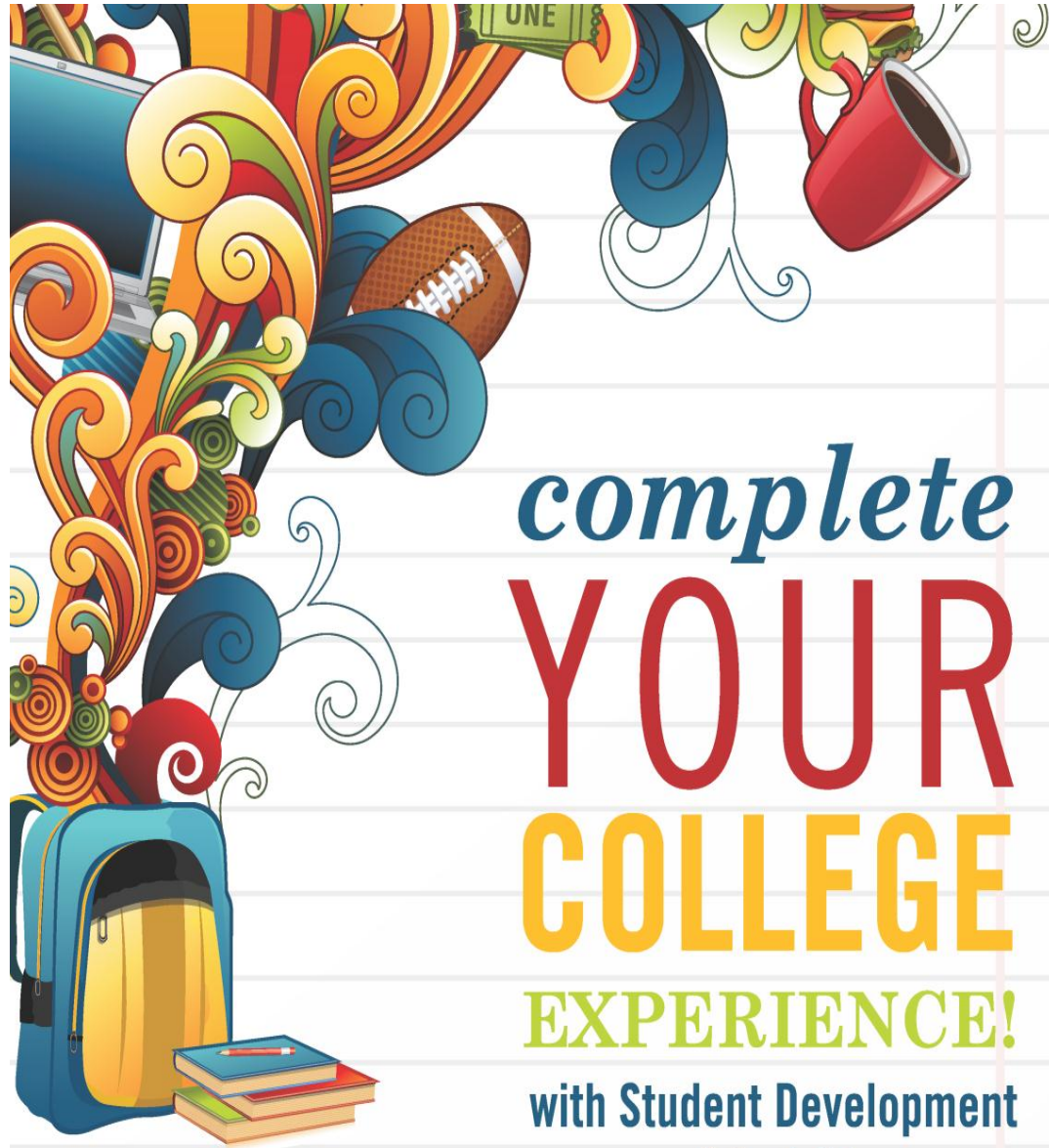
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