

LEARN A NEW LANGUAGE



Not only does this prepare you to travel the world with more self-assurance and ease, there are a whole plane-load of other benefits to learning a new language.

- 🧠 boost brain power
- 🧠 improve memory
- 🧠 better multi-tasking
- 🧠 sharper observation skills
- 🧠 prevents onset of dementia
- 🧠 enhanced decision making
- 🧠 better first language skills
- 🧠 improvement in other academic areas
- 🧠 opens up career opportunities
- 🧠 helps you connect with others

Try these great resources for language learning:

Duolingo
Babbel
Rosetta Stone
WCC language courses
OpenCulture.com

GO ARMCHAIR EXPLORING

Read, watch, or listen to something set in the place you wish you could visit.

- 📺 Rick Steves' Europe
- 📖 www.DestinationReads.com
- 📺 Anthony Bourdain
No Reservations
- 📺 Search "travel" on your favorite streaming service
- 👂 Play traditional music from dream destinations
- 📺 Virtual guided tours or museum tours
- 👂 Find a great travel podcast
- 📺 Live webcam streams from around the world

Wanderlust during lockdown can be a real bummer. Here are some of our favorite ways to feed the travel bug when we're stuck at home.



DO IT YOURSELF

Make your own travel at home with hands-on experiences

- 📖 Make a memory book or video of past travels
- 🍲 Cook a dish from traditional cuisine
- 🌿 Redecorate a room in a travel theme
- 🏠 Create a piece of art inspired by your destination
- 🌍 Plan and save for future trips
- 📷 Learn to take great travel photos
- 🏠 Plant an indoor garden with tropical or desert plants
- 🖼️ Display artworks featuring dream destinations

TRAVEL

BUG



Home Edition